

# **A Field Guide to the Ferns of New England and Adjacent New York**

**by Michael Burgess**

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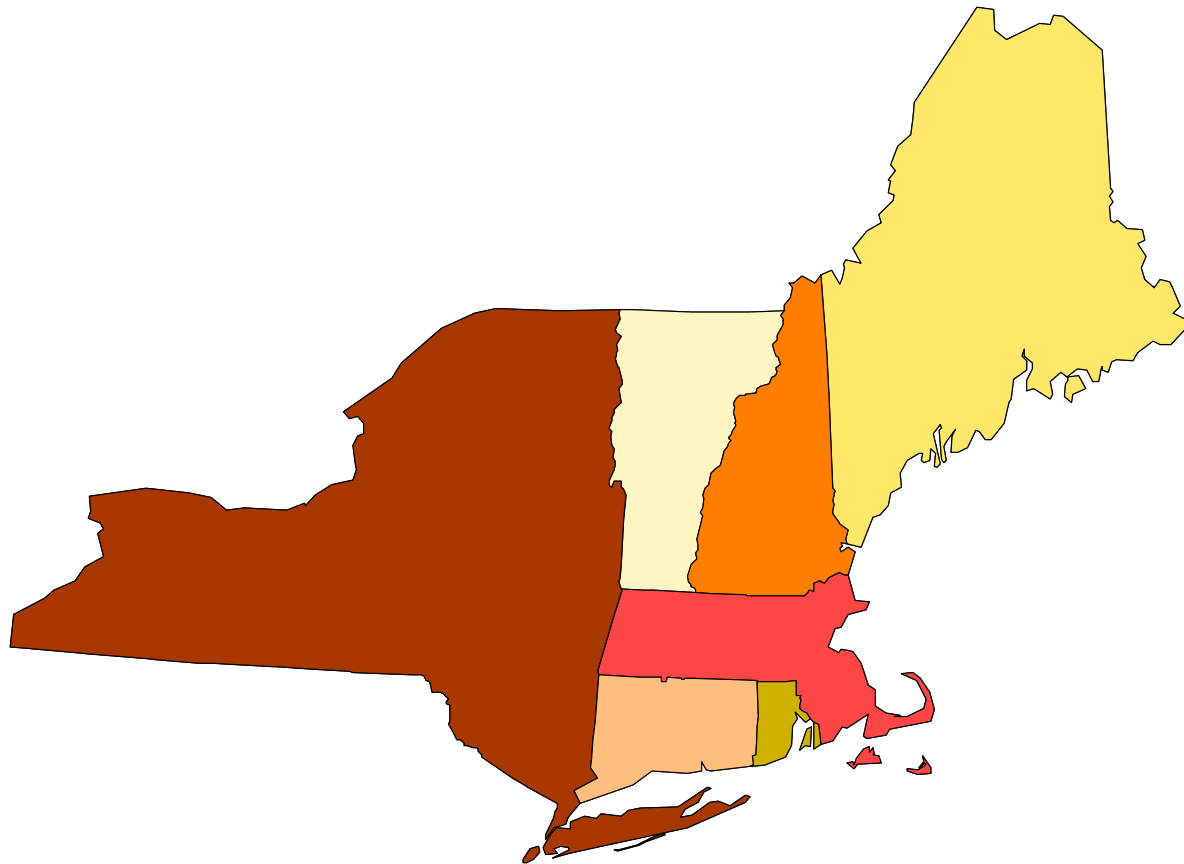
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## Area Of Coverage



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## Acknowledgements

This guide would not have been possible without the support and guidance of many wonderful individuals. First and foremost, many thanks to Marc Lapin for turning me onto the fascinating world of plants. Without Marc, I may have never found the ferns that I now admire so much. Furthermore, I owe a great debt of gratitude to Tom Wessels of Antioch University New England. Throughout the entire project Tom was a voice of encouragement and constructive feedback. This guide is wholly better as a result. I'm also indebted to Linda S. Dalianis for graciously putting her photographic forays on hold while I borrowed her tripod and macro lens. Many of the photographs in this guide would not have been possible without her generosity. Many thanks also to Joel Friedlander for his thorough editorial review.

Lastly, I must extend a special thanks to my wife Susannah, who from the beginning of this project has always supported me with her kindness and enthusiasm. I simply could not have done it without her support!

I acknowledge full responsibility for any errors or imperfections. I welcome any feedback in this regard at: [michael\\_burgess@antiochne.edu](mailto:michael_burgess@antiochne.edu).

## Introduction

New England and adjacent New York are home to a wide array of ferns. Whether meandering about woodlands, wetlands or scurrying along rock outcroppings, one will almost always find a fern to investigate. It is the goal of this field guide to provide the user with a simple, concise, and easily accessible resource for identifying the many ferns of our area. All that is required is a basic understanding of morphological nomenclature and an eagerness to apply a careful eye to the species. Although identifying ferns can seem frustrating and perplexing at first, with time and some effort, this group of plants will provide a lifetime of exciting botanical study.

Since this guide concentrates on identification and descriptions of species, it only scratches the surface in regards to fern biology and phylogeny. There are many great resources that devote a more thorough treatment of these subjects. The place to start would be Robbin C. Moran's "A Natural History of Ferns".

# Fern Morphology

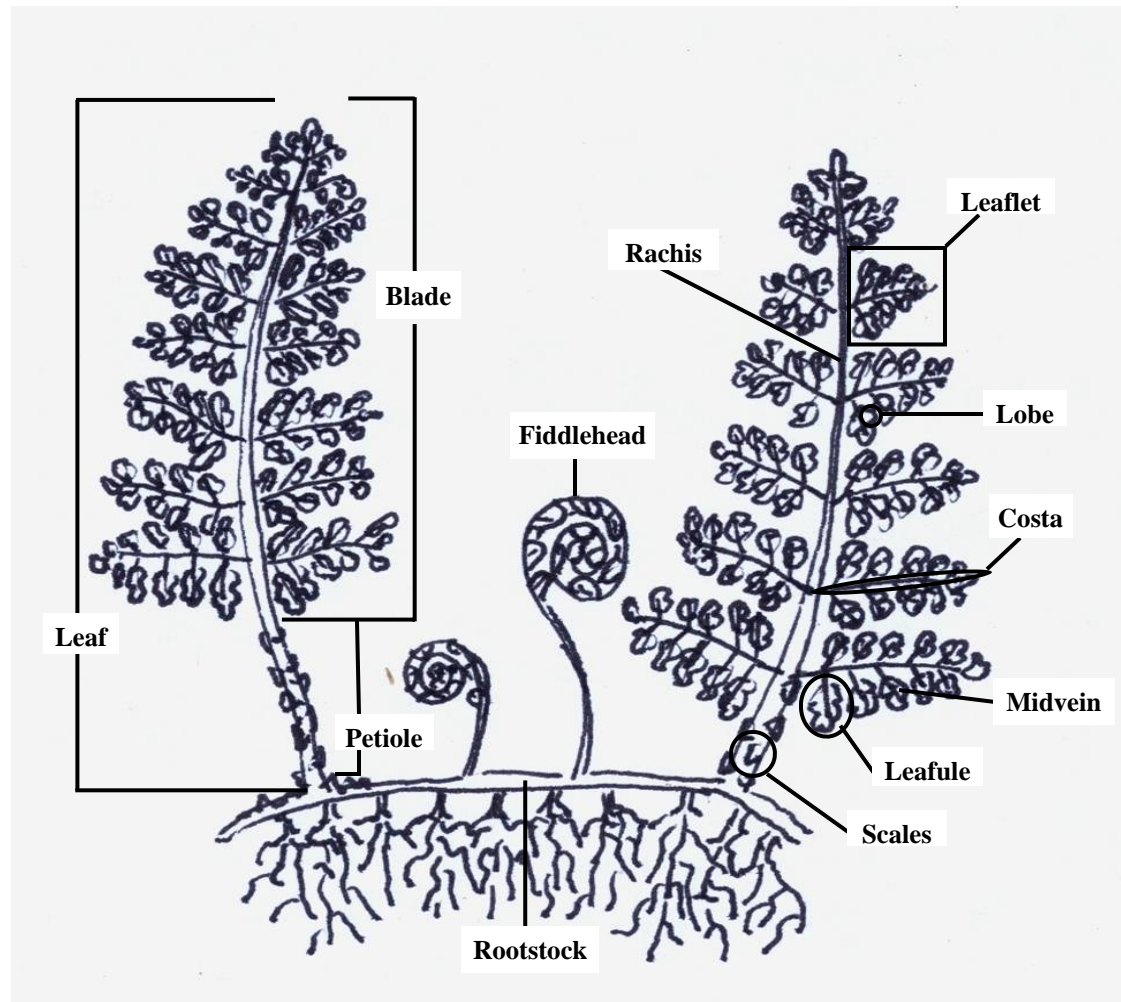
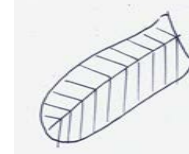
Netted Veins



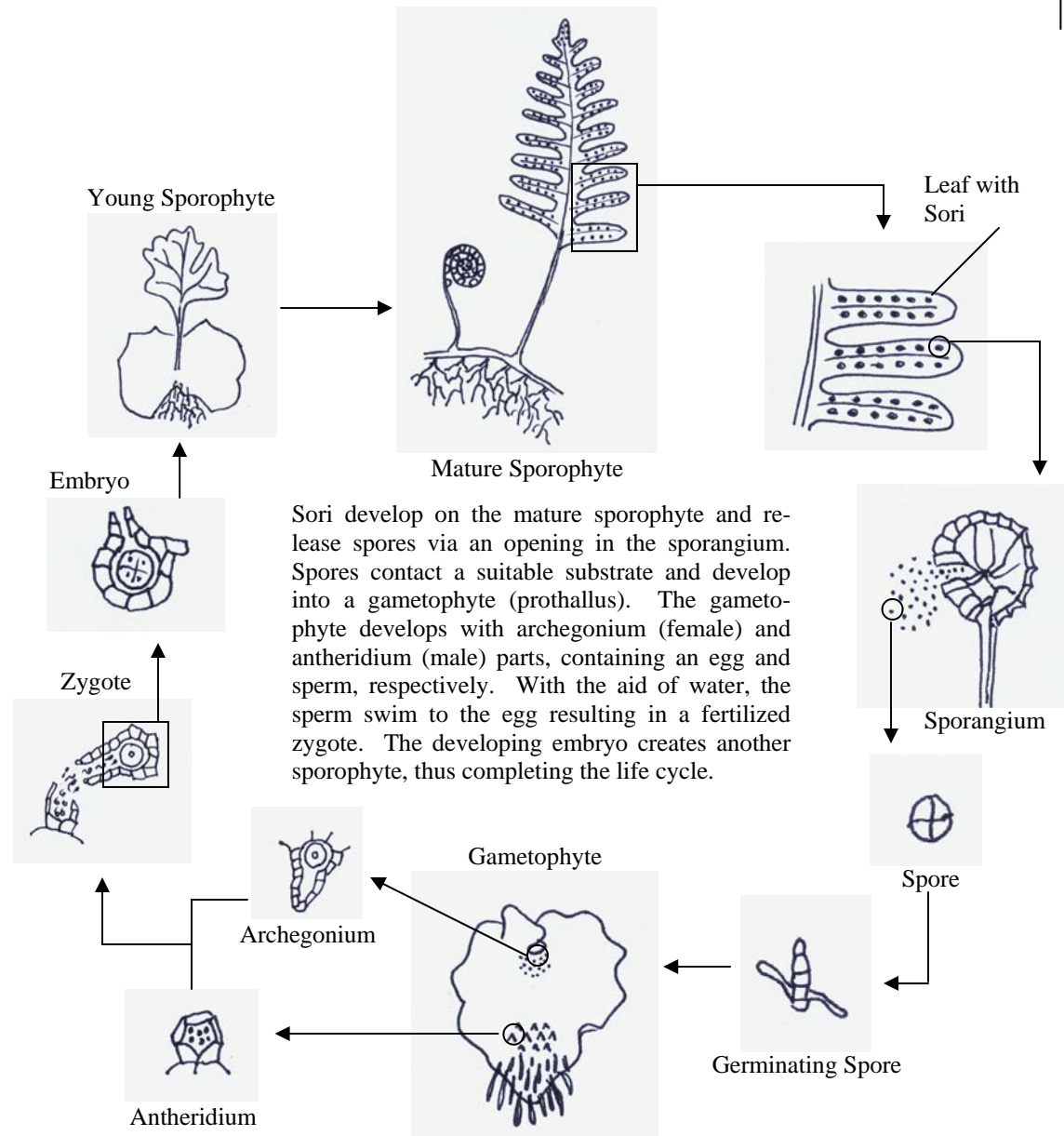
Forked Veins



Simple Veins

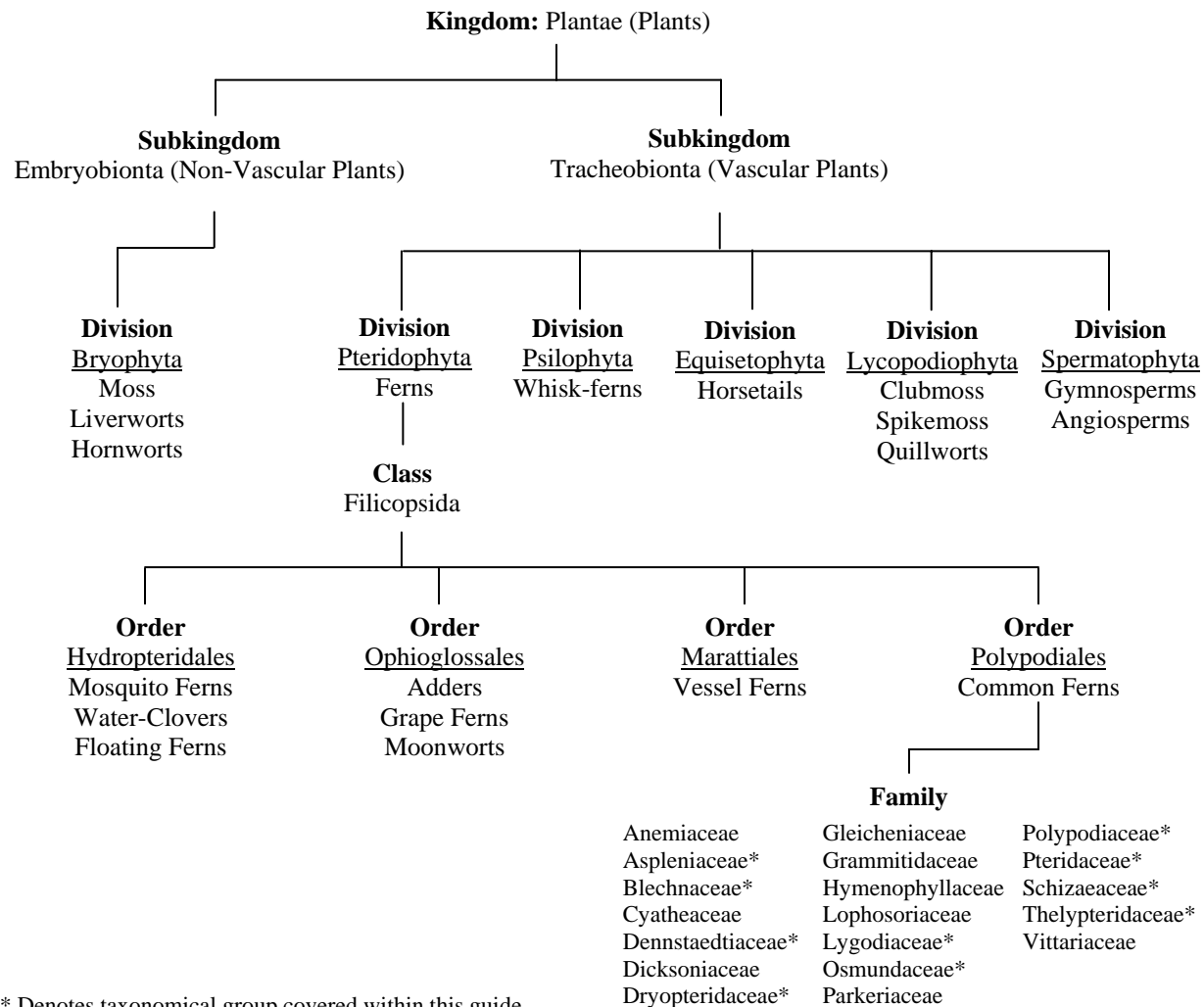


# Fern Life Cycle



# Taxonomic Classification

The following diagram depicts the current relationship of ferns with other members of the plant kingdom as described by the USDA Plant Database.



\* Denotes taxonomical group covered within this guide

## Generic Descriptions

### —ASPLENIACEAE— Spleenwort Family

#### Genus: *Asplenium* The Spleenworts

Species: *Asplenium montanum* (Mountain Spleenwort), *Asplenium platyneuron* (Ebony Spleenwort), *Asplenium rhizophyllum* (Walking Fern), *Asplenium ruta-muraria* (Wall Rue), *Asplenium scolopendrium* (Hart's Tongue Fern), *Asplenium trichomanes* (Maidenhair Spleenwort), *Asplenium trichomanes-ramosum* (Bright Green Spleenwort)

Remarks: There are approximately 700 *Asplenium* species distributed worldwide, the majority of which are found in tropical and sub-tropical regions. North America is home to 28 species. The plants of *Asplenium* are small to medium sized, delicate ferns with short creeping to erect rootstocks and wiry petioles. The spleenworts are generally monomorphic, although a few species are dimorphic. When found in the tropics the spleenworts are epiphytic and become most luxuriant in mid-elevation cloud forests; where as in temperate regions they are epipetric, often growing in crevices and cracks of limestone. Apogamy is especially common in *Asplenium*.

### —BLECHNACEAE— Chain Fern Family

#### Genus: *Woodwardia* The Chain Ferns

Species: *Woodwardia areolata* (Netted Chain Fern), *Woodwardia virginica* (Virginia Chain Fern)

Remarks: *Woodwardia* consists of 14 species occurring in northern temperate zones, Central America, Mediterranean Europe, and East Asia. There are 3 species found in North America. *Woodwardia* species are medium to large, monomorphic and dimorphic ferns of terrestrial habitats. A unique characteristic is the netted veins found along the costae and midveins.

—**DENNSTAEDTIACEAE**—

Bracken Fern Family

Genus: *Dennstaedtia*

Hayscented Fern

Species: *Dennstaedtia punctilobula* (Eastern Hayscented Fern)

Remarks: There are 70 species of *Dennstaedtia* occurring worldwide, found mostly in the tropics. There are 3 species found in North America. *Dennstaedtia* species are medium sized, monomorphic terrestrial ferns, which often form dense colonies throughout our woodlands, sometimes leading to the suppression of other herbaceous and woody growth.

Genus: *Pteridium*

The Bracken Ferns

Species: *Pteridium aquilinum* (Western Bracken Fern)

Remarks: There is only one species commonly occurring throughout the world—it is a true cosmopolitan species. *P. aquilinum* is a monomorphic, terrestrial fern, which often forms dense colonies, sometimes leading to the suppression of other herbaceous growth. In some cases, *P. aquilinum* becomes so prolific that it is considered an irritating weed, since its deep rootstock resists the most ardent efforts to kill it.

—**DRYOPTERIDACEAE**—

Wood Fern Family

Genus: *Athyrium*

Lady Fern

Species: *Athyrium filix-femina* (Common Lady Fern)

Remarks: *Athyrium* consists of approximately 180 species worldwide, mostly found in temperate regions. There are 2 species in North America. *Athyrium* species are medium to large, monomorphic ferns generally occurring in terrestrial woodland habitats. They typically have short creeping rootstocks that produce clumps of leaves.

**Genus: *Cystopteris***  
**The Bladder Ferns**

Species: *Cystopteris bulbifera* (Bulblet Bladder Fern), *Cystopteris fragilis* (Brittle Bladder Fern), *Cystopteris protrusa* (Lowland Bladder Fern)

Remarks: There are 20 species of *Cystopteris* occurring throughout the temperate regions of the world, with 9 found in North America. *Cystopteris* species are delicate, monomorphic to slightly dimorphic ferns typically found in terrestrial habitats or growing as epiphytes. Species of this genus commonly hybridize rendering field identification difficult. One species, *C. bulbifera*, is unique in that it produces vegetative reproductive structures called bulblets, which can germinate to form new plants.

**Genus: *Deparia***  
**False Spleenwort**

Species: *Deparia acrostichoides* (Silver False Spleenwort)

Remarks: *Deparia* is comprised of 50 species primarily found in tropical regions of Asia, Africa, Australia and the Pacific Islands, with 2 species found in North America. *Deparia* species are medium sized, monomorphic ferns found in terrestrial habitats.

**Genus: *Diplazium***  
**The Glade Ferns**

Species: *Diplazium pycnocarpon* (Glade Fern)

Remarks: *Diplazium* consists of approximately 400 species worldwide, distributed mostly in tropical regions. There are only 3 species occurring in North America. *Diplazium* species are monomorphic ferns typically found in terrestrial or epiphytic habitats. Some species are apogamous.



**Genus: *Dryopteris***  
**The Wood Ferns**

Species: *Dryopteris campyloptera* (Mountain Wood Fern), *Dryopteris carthusiana* (Spinulose Wood Fern), *Dryopteris clintoniana* (Clinton's Wood Fern), *Dryopteris cristata* (Crested Wood Fern), *Dryopteris filix-mas* (Male Fern), *Dryopteris fragrans* (Fragrant Wood Fern), *Dryopteris goldiana* (Goldie's Wood Fern), *Dryopteris intermedia* (Intermediate Wood Fern), *Dryopteris marginalis* (Marginal Wood Fern)

Remarks: There are approximately 250 species of *Dryopteris* occurring worldwide, found mostly in the temperate regions of Asia. North America is home to 14 species. *Dryopteris* ferns exhibit broad habitat preferences, ranging from wetlands to uplands to rock outcroppings. They are monomorphic, medium to large sized, with scaly, stout petioles and variably cut blades. Some species of this genus commonly hybridize rendering field identification difficult, as some morphological characters often overlap. Apogamy is especially common in *Dryopteris*.

**Genus: *Gymnocarpium***  
**Oak Ferns**

Species: *Gymnocarpium dryopteris* (Western Oak Fern)

Remarks: *Gymnocarpium* consists of 8 species, with 5 occurring in the temperate regions of North America. *Gymnocarpium* species are monomorphic, small, delicate ferns found in shady and cool terrestrial habitats.

**Genus: *Matteuccia***  
**Ostrich Fern**

Species: *Matteuccia struthiopteris* (Ostrich Fern)

Remarks: There are 3 species of *Matteuccia* found in northern temperate regions, with only 1 species found in North America. These ferns are strongly dimorphic, with the fertile leaves persisting throughout the winter. The sterile leaves are very large and are said to resemble Ostrich feathers. As such, both the specific epithet and common name reflect this resemblance (*struthos* being Greek for ostrich). *Matteuccia* ferns are terrestrial and often found in moist to wet habitats. In addition, the young fiddleheads of *M. struthiopteris* are commonly harvested and used in various culinary dishes (see Appendix B pg. 153).

**Genus: *Onoclea***

**Sensitive Fern**

- Species: *Onoclea sensibilis* (Sensitive Fern)
- Remarks: There is only 1 species for this genus, and it occurs in the temperate regions of the Northern Hemisphere and Asia. *O. sensibilis* is strongly dimorphic, with the fertile leaves persisting throughout the winter and in some cases, for a number of seasons. They are found in moist to wet habitats, commonly forming large colonies.

**Genus: *Polystichum***

**The Holly Ferns**

- Species: *Polystichum acrostichoides* (Christmas Fern), *Polystichum braunii* (Braun's Holly Fern)
- Remarks: *Polystichum* is comprised of approximately 180 species occurring worldwide, with 15 found in North America. *Polystichum* species are leathery, stout ferns that are generally monomorphic, with the one exception—*P. acrostichoides*—being dimorphic. They are terrestrial ferns, mostly found growing in rocky areas. In addition, *P. acrostichoides* can occur in multiple variations, such that the margin of the leaflets are crisped, serrated, or entire.

**Genus: *Woodsia***

**The Cliff Ferns**

- Species: *Woodsia alpina* (Alpine Woodsia), *Woodsia glabella* (Smooth Woodsia), *Woodsia ilvensis* (Rusty Woodsia), *Woodsia obtusa* (Blunt Lobe Cliff Fern)
- Remarks: There are approximately 30 species of *Woodsia* occurring in northern temperate regions and at high elevations throughout the tropics. There are 10 species found in North America, mostly growing on cliffs and ledges of acidic and calcareous rock types. *Woodsia* species are small, monomorphic ferns, generally covered on all parts with hairs, scales, and glands. In addition, the petioles have joints, where the fern eventually breaks off from, thus creating a stubbly appearance.

**—LYGODIACEAE—**  
Climbing Fern Family

**Genus: *Lygodium***  
The Climbing Ferns

- Species: *Lygodium palmatum* (American Climbing Fern)
- Remarks: There are 40 *Lygodium* species occurring nearly worldwide, mostly in tropical regions, with some found in temperate zones. There are 3 species found in North America, 2 of which have escaped cultivation and the other—*L. palmatum*—being the only native species. The *Lygodium* species are a true anomaly within the fern world; they are climbing, vine-like ferns exhibiting indeterminate growth in which the rachis can reach 3-10 meters in length.

**—OSMUNDACEAE—**  
Royal Fern Family

**Genus: *Osmunda***  
The Flowering Ferns

- Species: *Osmunda cinnamomea* (Cinnamon Fern), *Osmunda claytoniana* (Interrupted Fern), *Osmunda regalis* (Royal Fern)
- Remarks: There are 10 *Osmunda* species occurring nearly worldwide, mostly in tropical regions, with some found in temperate zones. There are 3 species found in North America, where they are concentrated in northern and eastern regions and are absent from western North America. These primitive plants are some of the largest of our native ferns. They have erect leaves that grow in a vase-like form and emanate from an ascending, mat forming rootstock. In some cases, the rootstock can stand a foot or more high, resembling the trunk of a tree fern. They are terrestrial ferns found in various, moist to wet habitats.

—**POLYPODIACEAE**—

Polypody Family

Genus: ***Polypodium***

The Polypody Ferns

Species: *Polypodium appalachianum* (Appalachian Polypody), *Polypodium virginianum* (Rock Polypody)

Remarks: There are 100 *Polypodium* species occurring worldwide, with 11 in North America. They are small to medium sized, monomorphic ferns commonly found in clumps atop rocks and occasionally in soil. In periods of drought, when leaves wither, *Polypodium* species are able to rapidly recover following exposure to moisture.

—**PTERIDACEAE**—

Maidenhair Fern Family

Genus: ***Adiantum***

The Maidenhairs

Species: *Adiantum pedatum* (Northern Maidenhair)

Remarks: *Adiantum* consists of approximately 200 species that mostly grow in the tropical to forested temperate regions of the world. North America is home to 9 species. Maidenhairs are terrestrial and tend to prefer mesic substrates, found along shaded stream banks and seepages. The maidenhairs are small to medium sized ferns with wiry, purplish-black, glossy petioles and rachises. Their leaflets are round to oblong and are said to resemble the leaf of *Ginkgo biloba*.

**Genus: *Cheilanthes***  
**The Lip Ferns**

Species: *Cheilanthes lanosa* (Hairy Lip Fern)

Remarks: *Cheilanthes* is comprised of 150 species, mostly confined to the Western Hemisphere, with a few occurring in Europe, Asia, Africa, Australia and the Pacific Islands. There are 28 species in North America, with a majority occurring in the deserts of the southwestern United States. *Cheilanthes* species are small to medium sized, monomorphic ferns, well adapted to the heat and desiccation stresses of their southerly habitats. A unique adaptation to such stresses is the ability of many species to curl up during dry periods, appearing dead, and then revive following a rain. In addition, a number of species are so well adapted to desert life that their gametophytes do not require water for fertilization. The Lip Ferns are found growing high up on cliffs, rock ledges and in crevices, and amongst boulders. Apogamy is especially common in *Cheilanthes*.

**Genus: *Cryptogramma***  
**The Rock Brakes**

Species: *Cryptogramma stelleri* (Fragile Rock Brake)

Remarks: There are approximately 11 *Cryptogramma* species worldwide, with 4 occurring in North America, and only 1 species in South America. The ferns of *Cryptogramma* are small and dimorphic. The fertile leaves are approximately a third taller than the sterile leaves, and the margin of the leaflets are curled. *C. stelleri* is a true rock lover, growing in cool, moist rock crevices of limestone and other calcareous rock of more northerly areas. The *Cryptogramma* are one of the few fern taxa able to withstand the harsh boreal climate that stretches from Labrador, west to Alaska.

**Genus: *Pellaea***  
**The Cliff Brakes**

Species: *Pellaea atropurpurea* (Purple Cliff Brake)

Remarks: *Pellaea* includes approximately 40 species, mostly in the Western Hemisphere, with some occurring in Asia, Africa, Australia, and the Pacific Islands. There are 15 species in North America. Within the United States, the majority of *Pellaea* ferns are found in the drier regions of the Southwest. They are small to medium sized, monomorphic to partially dimorphic, epipetric ferns. The fertile leaves typically exhibit leaflets with a curled margin that cover the sporangia. Apogamy is especially common in *Pellaea*.

—**SCHIZAEACEAE**—

Curly Grass Family

Genus: *Schizaea*

The Curly Grass Ferns

Species: *Schizaea pusilla* (Little Curly Grass Fern)

Remarks: *Schizaea* consists of 10 species, mainly occurring in tropical regions. Only *S. pusilla* is found in North America. *Schizaea* species are strongly dimorphic, terrestrial ferns that resemble (as the common name implies) curled grass. *S. pusilla* only grows in acidic wetlands, particularly sphagnum bogs and cedar swamps. Concerning the range of this guide, it is only found in the coastal plain of New York.

—**THELYPTERIDACEAE**—

Marsh Fern Family

Genus: *Phegopteris*

The Beech Ferns

Species: *Phegopteris connectilis* (Long Beech Fern), *Phegopteris hexagonoptera* (Broad Beech Fern)

Remarks: *Phegopteris* contains 3 species worldwide, occurring in northern temperate and boreal regions. The 2 species mentioned above are the only ones found in North America. *Phegopteris* ferns are monomorphic and are found in terrestrial habitats. They are unique in that the leaflets are winged to the rachis.

Genus: *Thelypteris*

The Marsh Ferns

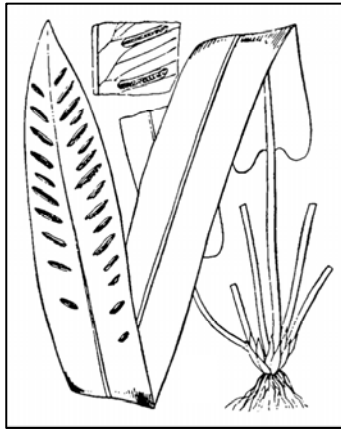
Species: *Thelypteris noveboracensis* (New York Fern), *Thelypteris palustris* (Eastern Marsh Fern), *Thelypteris simulata* (Bog Fern)

Remarks: There are approximately 900 species of *Thelypteris* occurring nearly worldwide, with 21 species found in North America. *Thelypteris* species are both monomorphic and dimorphic, terrestrial ferns tolerant of various substrate, light and moisture conditions. The above mentioned species prefer moist to wet substrates. As the species count suggests, *Thelypteris* is a very large and seemingly complex group of ferns that have a history of unsettled placement within various families, genera and sub-genera.

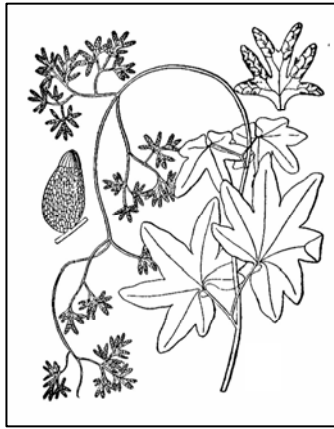
## Key to the Species

To use the key, start at #1 and continue with the instructions that follow. The key makes use of the basic morphological nomenclature introduced on pg. 6

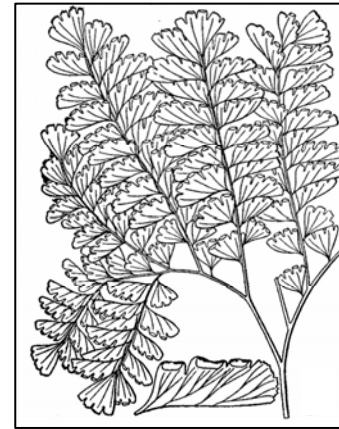
1. Does the fern match any of the species pictured below; if yes, proceed to the corresponding page number for that fern, if no, proceed to #2 on the opposing page (pg. 19)



**Hart's Tongue Fern**  
(*Asplenium scolopendrium*)  
Pg. 46

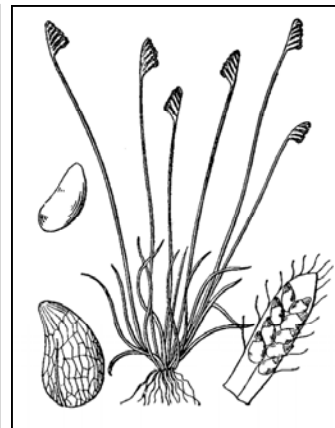


**American Climbing Fern**  
(*Lygodium palmatum*)  
Pg. 90



**Northern Maidenhair Fern**  
(*Adiantum pedatum*)  
Pg. 36

**Walking Fern**  
(*Asplenium rhizophyllum*)  
Pg. 42



**Little Curly Grass Fern**  
(*Schizaea pusilla*)  
Pg. 118

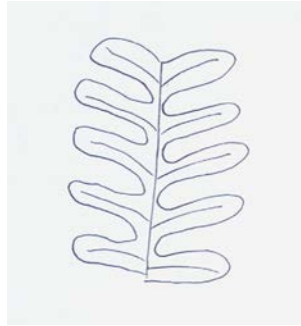
2. Determine the cut of the leaf by using the following illustrations and definitions. Once identified, proceed to the corresponding page and continue the key by following the instructions.

Helpful Hints:

- A. If needed, review the terms on pg. 6
- B. Focus on the entire leaf
- C. In cases where the cut varies, chose what appears to occur the majority of the time

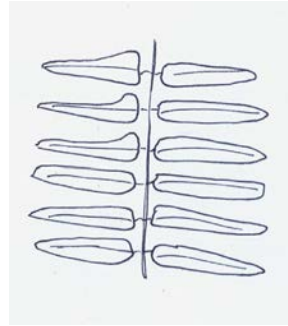
**Pinnatifid:** blade is deeply cut toward rachis creating primary segments that are not stemmed

**Pg. 20**



**Pinnate:** blade cut into leaflets that are stemmed to rachis

**Pg. 22**



**Pinnate-pinnatifid:** leaflets stemmed to rachis, leaflets deeply cut into lobes; lobes not stemmed to costae

**Pg. 24**



**Bipinnate:** leaflets stemmed to rachis; leaflets cut into leafules that are stemmed to costae

**Pg. 29**



**Bipinnate-pinnatifid:** leaflets stemmed to rachis; leaflets cut into leafules that are stemmed to costae; leafules are deeply cut into lobes; lobes not stemmed to midveins

**Pg. 32**



**Tripinnate:** leaflets stemmed to rachis; leaflets cut into leafules that are stemmed to costae; leafules cut into leafulets that are stemmed to midveins

**Pg. 34**



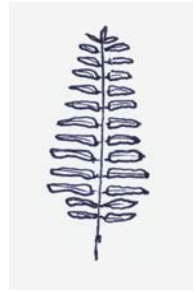
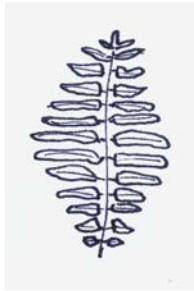


# Pinnatifid

Using the table below, assign the fern a three digit number by answering the following three questions:

1. Does the “Leaf” have a “Full Taper”, “Semi Taper” or is it “Widest at Base”? (see illustrations below)
2. Does the “Petiole/Rachis” have “Scales and/or Hair” or not?
3. Does the “Petiole/Rachis” have a “Groove” or not?

With the three digit number in mind, find it on the subsequent pages to complete the identification of the fern to species.



**Full Taper**

**Semi Taper**

**Widest at Base**

Leaf	Full Taper	1
	Semi Taper	2
	Widest at Base	3
Petiole/Rachis	With Scales and/or Hair	4
	Without Scales and/or Hair	5
Petiole/Rachis	With Groove	6
	Without Groove	7

**246 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove****Netted Chain Fern***(Woodwardia areolata)* pg. 134**247 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Petiole base cross section with 1 vascular bundle:



Scales of rootstock both light and dark brown:

**Rock Polypody***(Polypodium virginianum)* pg. 110

Scales of rootstock uniformly golden-brown:

**Appalachian Polypody***(Polypodium appalachianum)* pg. 108

Petiole base cross section with 2 diagonal, crescent-shaped to flat vascular bundles:

Margin serrated:

**Netted Chain Fern***(Woodwardia areolata)* pg. 134

Margin not serrated:

**Sensitive Fern***(Onoclea sensibilis)* pg. 94**257 Semi Taper, Petiole/Rachis without scales and/or hair, Petiole/Rachis without groove**

Scales of rootstock both light and dark brown:

**Rock Polypody***(Polypodium virginianum)* pg. 110

Scales of rootstock uniformly golden-brown:

**Appalachian Polypody***(Polypodium appalachianum)* pg. 108**347 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Veins netted:

**Sensitive Fern***(Onoclea sensibilis)* pg. 94

Veins not netted:

**Appalachian Polypody***(Polypodium appalachianum)* pg. 108**357 Widest at Base, Petiole/Rachis without scales and/or hair, Petiole/Rachis without groove**

Veins netted:

**Sensitive Fern***(Onoclea sensibilis)* pg. 94

Veins not netted:

**Appalachian Polypody***(Polypodium appalachianum)* pg. 108

## Pinnate

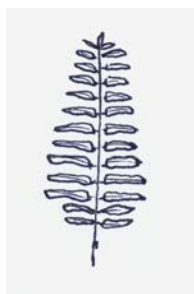
Using the table below, assign the fern a three digit number by answering the following three questions:

1. Does the “Leaf” have a “Full Taper”, “Semi Taper” or is it “Widest at Base”? (see illustrations below)
2. Does the “Petiole/Rachis” have “Scales and/or Hair” or not?
3. Does the “Petiole/Rachis” have a “Groove” or not?

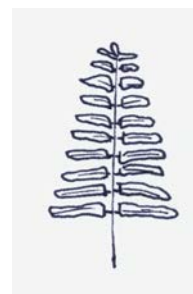
With the three digit number in mind, find it on the subsequent pages to complete the identification of the fern to species.



**Full Taper**



**Semi Taper**



**Widest at Base**

Leaf	Full Taper	1
	Semi Taper	2
	Widest at Base	3
Petiole/Rachis	With Scales and/or Hair	4
	Without Scales and/or Hair	5
Petiole/Rachis	With Groove	6
	Without Groove	7

**147 Full Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Leaflets widest at base, tapering to point, with Christmas-stockings-like appearance:

**Ebony Spleenwort**  
(*Asplenium platyneuron*) pg. 40

Leaflets round, blunt:

**Maidenhair Spleenwort**  
(*Asplenium trichomanes*) pg. 48

**246 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Margin of leaflets bristly, slightly to fully serrated:

**Christmas Fern**  
(*Polystichum acrostichoides*) pg. 112

Margin of leaflets entire:

**Glade Fern**  
(*Diplazium pycnocarpon*) pg. 68

**247 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Ferns epipetric:

**Bright Green Spleenwort**  
(*Asplenium trichomanes-ramosum*) pg. 50

Ferns not epipetric:

**Glade Fern**  
(*Diplazium pycnocarpon*) pg. 68

**257 Semi Taper, Petiole/Rachis without scales and/or hair, Petiole/Rachis without groove**

**Bright Green Spleenwort**  
(*Asplenium trichomanes-ramosum*) pg. 50

**347 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Purple Cliff Brake**  
(*Pellaea atropurpurea*) pg. 102

**357 Widest at Base, Petiole/Rachis without scales and/or hair, Petiole/Rachis without groove**

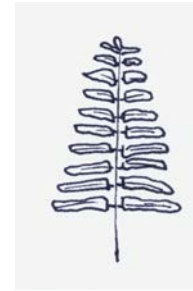
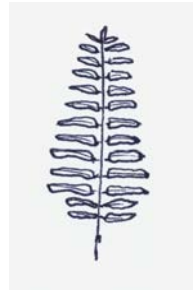
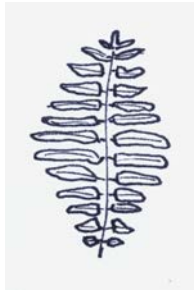
**Purple Cliff Brake**  
(*Pellaea atropurpurea*) pg. 102

## Pinnate-Pinnatifid

Using the table below, assign the fern a three digit number by answering the following three questions:

1. Does the “Leaf” have a “Full Taper”, “Semi Taper” or is it “Widest at Base”? (see illustrations below)
2. Does the “Petiole/Rachis” have “Scales and/or Hair” or not?
3. Does the “Petiole/Rachis” have a “Groove” or not?

With the three digit number in mind, find it on the subsequent pages to complete the identification of the fern to species.



**Full Taper**

**Semi Taper**

**Widest at Base**

Leaf	Full Taper	1
	Semi Taper	2
	Widest at Base	3
Petiole/Rachis	With Scales and/or Hair	4
	Without Scales and/or Hair	5
Petiole/Rachis	With Groove	6
	Without Groove	7

## **146 Full Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Veins forked:

**Male Fern**  
(*Dryopteris filix-mas*) pg. 78

Veins not forked :

Petioles stout, with deep groove; extends from rootstock in circular, symmetrical fashion:

**Ostrich Fern**  
(*Matteuccia struthiopteris*) pg. 92

Petioles thin, groove shallow; extends from creeping rhizome, forming asymmetrical clumps or widespread, dense colonies:

**New York Fern**  
(*Thelypteris noveboracensis*) pg. 120

## **246 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Small ferns of ledges, cliffs, and rock crevices:

Rachis and leaflets with scales and/or hair:

Very rare; found only on limestone or calcareous slate, in cool, moist crevices; leaflets rounded, lobes blunted; petiole shiny brown throughout:

**Alpine Woodsia**  
(*Woodsia alpina*) pg. 126

Not found on limestone or calcareous rock; all parts covered with whitish or “rusty” colored hairs; petiole brown at base, turning lighter above:

**Rusty Woodsia**  
(*Woodsia ilvensis*) pg. 130

Rachis and leaflets without scales and/or hair:

Petioles jointed:

**Smooth Woodsia**  
(*Woodsia glabella*) pg. 128

Petioles not jointed:

Rootstock extends beyond emanating leaves:

**Lowland Bladder Fern**  
(*Cystopteris protrusa*) pg. 62

Rootstock not extending beyond emanating leaves:

**Brittle Bladder Fern**  
(*Cystopteris fragilis*) pg. 60

Pinnate-Pinnatifid

Ferns of woodlands and swamps:

Rootstock creeping, extending beyond emanating leaves:

**Lowland Bladder Fern**

(*Cystopteris protrusa*) pg. 62

Rootstock not creeping, or if so, not extending beyond emanating leaves:

Petiole base cross section with 5-7 (2-3 larger, 4-5 smaller) U-shaped vascular bundles:



Lobes of leaflets toothed with bristle tips, especially at lobe tips:

Lowest pair widest at middle, tapering toward rachis and leaflet tip;  
in rich, mesic soils; tip of leaf abruptly reduced, light green to  
yellowish:

**Goldie's Wood Fern**

(*Dryopteris goldiana*) pg. 82

Lowest leaflets broadly triangular, 1" +/- long; leaflets  
well spaced, tilted horizontal to rachis; leaf narrow:

**Crested Wood Fern**

(*Dryopteris cristata*) pg. 76

Lowest leaflets distinctly longer relative to width; leaflets close  
together; generally not fully horizontal to rachis:

**Clinton's Wood Fern**

(*Dryopteris clintoniana*) pg. 74

Lobes of leaflets not toothed or blunt toothed:

**Marginal Wood Fern**

(*Dryopteris marginalis*) pg. 86

Petiole base cross section with 2 opposing, diagonal, crescent-shaped vascular bundles:



**Silver False Spleenwort**

(*Deparia acrostichoides*) pg. 66

Petiole base cross section with 2 opposing, roundish vascular bundles:



Veins forked:

**Eastern Marsh Fern**

(*Thelypteris palustris*) pg. 122

Veins not forked:

**Bog Fern**

(*Thelypteris simulata*) pg. 124

Petiole base cross section with 4 vascular bundles in the shape of a square:



**Virginia Chain Fern**

(*Woodwardia virginica*) pg. 136

**247 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Ferns epipetric:

**Fragrant Wood Fern**  
(*Dryopteris fragrans*) pg. 80

Ferns not epipetric:

Lobes of leaflets toothed with bristle tips, especially at lobe tips:

**Goldie's Wood Fern**  
(*Dryopteris goldiana*) pg. 82

Lobes of leaflets not toothed:

Rachis hairy:

Axil of leaflets with tuft of "cinnamon" colored woolly hair:

**Cinnamon Fern**  
(*Osmunda cinnamomea*) pg. 96

Axil of leaflets without woolly tuft:

**Interrupted Fern**  
(*Osmunda claytoniana*) pg. 98

Rachis without hair:

Veins forked:

**Eastern Marsh Fern**  
(*Thelypteris palustris*) pg. 122

Veins not forked:

**Bog Fern**  
(*Thelypteris simulata*) pg. 124

**256 Semi Taper, Petiole/Rachis without scales and/or hair, Petiole/Rachis with groove**

**Eastern Marsh Fern**  
(*Thelypteris palustris*) pg. 122

**346 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

**Bulblet Bladder Fern**  
(*Cystopteris bulbifera*) pg. 58



Pinnate-Pinnatifid

**347 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Ferns epipetric:

Rachis flat with sparse hairs:

**Mountain Spleenwort**  
(*Asplenium montanum*) pg. 38

Rachis not flat, smooth:

**Fragile Rock Brake**  
(*Cryptogramma stelleri*) pg. 56

Ferns not epipetric:

Lowest pair of leaflets stemmed to rachis, all other leaflets winged to rachis:

**Long Beech Fern**  
(*Phegopteris connectilis*) pg. 104

All leaflets winged to rachis:

**Broad Beech Fern**  
(*Phegopteris hexagonoptera*) pg. 106

**356 Widest at Base, Petiole/Rachis without scales and/or hair, Petiole/Rachis with groove**

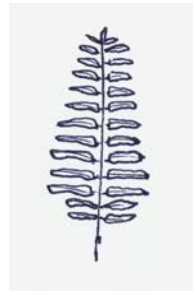
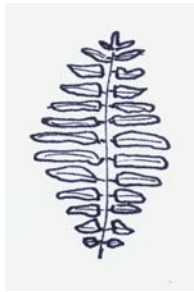
**Fragile Rock Brake**  
(*Cryptogramma stelleri*) pg. 56

## Bipinnate

Using the table below, assign the fern a three digit number by answering the following three questions:

1. Does the “Leaf” have a “Full Taper”, “Semi Taper” or is it “Widest at Base”? (see illustrations below)
2. Does the “Petiole/Rachis” have “Scales and/or Hair” or not?
3. Does the “Petiole/Rachis” have a “Groove” or not?

With the three digit number in mind, find it on the subsequent pages to complete the identification of the fern to species.



**Full Taper**

**Semi Taper**

**Widest at Base**

Leaf	Full Taper	1
	Semi Taper	2
	Widest at Base	3
Petiole/Rachis	With Scales and/or Hair	4
	Without Scales and/or Hair	5
Petiole/Rachis	With Groove	6
	Without Groove	7

Bipinnate

**146 Full Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Rachis, costa of leaflets, and leafules densely scaled and hairy:

**Braun's Holly**  
(*Polystichum braunii*) pg. 114

Rachis, costa of leaflets, and leafules not densely scaled and hairy:

**Male Fern**  
(*Dryopteris filix-mas*) pg. 78

**147 Full Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Hairy Lip Fern**  
(*Cheilanthes lanosa*) pg. 54

**246 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Rachis and costa of leaflets glandular:

**Blunt Lobe Cliff Fern**  
(*Woodsia obtusa*) pg. 132

Rachis and costa of leaflets without glands:

Petiole base cross section with 5-7 (2-3 larger, 4-5 smaller) U-shaped vascular bundles:



**Marginal Wood Fern**  
(*Dryopteris marginalis*) pg. 86

Petiole base cross section with 2 opposing, roundish to crescent-shaped vascular bundles:



Rootstock extends beyond emanating leaves; generally found in soil of moist woodlands:

**Lowland Bladder Fern**  
(*Cystopteris protrusa*) pg. 62

Rootstock does not extend beyond emanating leaves; generally found on rock outcroppings:

**Brittle Bladder Fern**  
(*Cystopteris fragilis*) pg. 60

**247 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Hairy Lip Fern**  
(*Cheilanthes lanosa*) pg. 54

**257 Semi Taper, Petiole/Rachis without scales and/or hair, Petiole/Rachis without groove**

**Royal Fern**

(*Osmunda regalis*) pg. 100

**346 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Rachis and costa of leaflets glandular; leaf with bulblets:

**Bulblet Bladder Fern**

(*Cystopteris bulbifera*) pg. 58

Rachis and costa of leaflets smooth; leaf without bulblets:

**Wall Rue**

(*Asplenium Ruta-muraria*) pg. 44

**347 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

Rachis green:

**Mountain Spleenwort**

(*Asplenium montanum*) pg. 38

Rachis not green, but dark purple:

**Purple Cliff Brake**

(*Pellaea atropurpurea*) pg. 102

**356 Widest at Base, Petiole/Rachis without scales and/or hair, Petiole/Rachis with groove**

**Fragile Rock Brake**

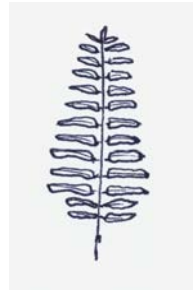
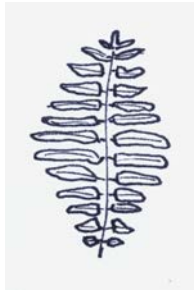
(*Cryptogramma stelleri*) pg. 56

## Bipinnate-Pinnatifid

Using the table below, assign the fern a three digit number by answering the following three questions:

1. Does the “Leaf” have a “Full Taper”, “Semi Taper” or is it “Widest at Base”? (see illustrations below)
2. Does the “Petiole/Rachis” have “Scales and/or Hair” or not?
3. Does the “Petiole/Rachis” have a “Groove” or not?

With the three digit number in mind, find it on the subsequent pages to complete the identification of the fern to species.



**Full Taper**

**Semi Taper**

**Widest at Base**

Leaf	Full Taper	1
	Semi Taper	2
	Widest at Base	3
Petiole/Rachis	With Scales and/or Hair	4
	Without Scales and/or Hair	5
Petiole/Rachis	With Groove	6
	Without Groove	7

**147 Full Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Hairy Lip Fern**

(*Cheilanthes lanosa*) pg. 54

**246 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Petiole cross section with 5-7 (2-3 larger, 4-5 smaller) U-shaped vascular bundles:



Axil and costa of leaflets glandular:

**Intermediate Wood Fern**

(*Dryopteris intermedia*) pg. 84

Axil and costa of leaflets without glands:

Lowest leaflets with bottom row leafules nearest rachis longer than the second and up to 2x longer than the opposing upper row leafules:

**Spinulose Wood Fern**

(*Dryopteris carthusiana*) pg. 72

Lowest leaflets with bottom row leafules nearest rachis dramatically longer than the second and >2x longer than the opposing upper row leafules; bottom row leafules nearest rachis distinctly offset relative to opposing upper row leafules nearest rachis; a fern of higher, cooler, moist woodlands:

**Mountain Wood Fern**

(*Dryopteris campyloptera*) pg. 70

Petiole base cross section with 1 continuous, smiley-faced to horizontal vascular bundle:



**Eastern Hayscented Fern**

(*Dennstaedtia punctilobula*) pg. 64

Petiole base cross section with 2 opposing, vertical to crescent shaped vascular bundles:



**Common Lady fern**

(*Athyrium filix-femina*) pg. 52

**247 Semi Taper, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Hairy Lip Fern**

(*Cheilanthes lanosa*) pg. 54

Bipinnate-Pinnatifid / Tripinnate

**346 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis with groove**

Leaf divided along rachis into at least three parts (1 larger, 2 smaller):

**Western Bracken Fern**

(*Pteridium aquilinum*) pg. 116

Leaf not divided:

Rachis and costa of leaflets glandular; with bulblets:

**Bulblet Bladder Fern**

(*Cystopteris bulbifera*) pg. 58

Rachis and costa of leaflets smooth; without bulblets:

**Wall Rue**

(*Asplenium ruta-muraria*) pg. 44

**347 Widest at Base, Petiole/Rachis with scales and/or hair, Petiole/Rachis without groove**

**Western Oak Fern**

(*Gymnocarpium dryopteris*) pg. 88

**356 Widest at Base, Petiole/Rachis without scales and/or hair, Petiole/Rachis with groove**

**Western Bracken Fern**

(*Pteridium aquilinum*) pg. 116

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**Tripinnate**

**Western Bracken Fern**

(*Pteridium aquilinum*) pg. 116

# Species Descriptions

## Page Layouts

<b>Common Name</b> <i>Scientific Name</i>		<b>Line Drawing</b>	<b>Species Photos</b>
<b>Habitat:</b>			
<b>Population Status:</b>			
<b>Eco-indicator:</b>			
<b>I.D. Notes:</b>			
<b>Leaf:</b>	<b>Sterile Leaf</b>	<b>Etymology</b>	<div data-bbox="1220 850 1262 899">A</div>
<b>Leaflets:</b>	<b>Leaflets</b>		
<b>Rachis:</b>	<div data-bbox="558 992 615 1036">OR</div> <b>Rachis</b>		
<b>Petiole:</b>	<b>Petiole</b>		
<b>Rootstock:</b>	<b>Fertile Leaf:</b>		
<b>Sori:</b>	<b>Sori:</b>		
<b>Human Uses:</b>	<b>Rootstock:</b>	<div data-bbox="877 1273 989 1328">Native: Evergreen:</div>	
	<b>Human Uses:</b>		

A. Key to Photo  
B. Key to Photo



## Northern Maidenhair Fern

*Adiantum pedatum*

**Habitat:** Found in rich, limy to circumneutral substrates of shaded woodlands, ravines, and bottoms of damp, rocky banks

**Population Status:** Common; reported throughout NE and NY

**Eco-indicator:** Rich, moist sites

**I.D. Notes:** A unique form; monomorphic

**Leaf:** Up to 2' in length; curving, branching, wiry, flat, creating a *horseshoe-like to circular appearance*; bluish-green; dainty

**Leaflets:** *Largest pairs nearest the central branching off point*; widest toward base, gently tapering toward tips; margin of leaflets entire on one edge and shaggy on the other; leafules are conspicuously stemmed; *leafules without midvein*; veins forked

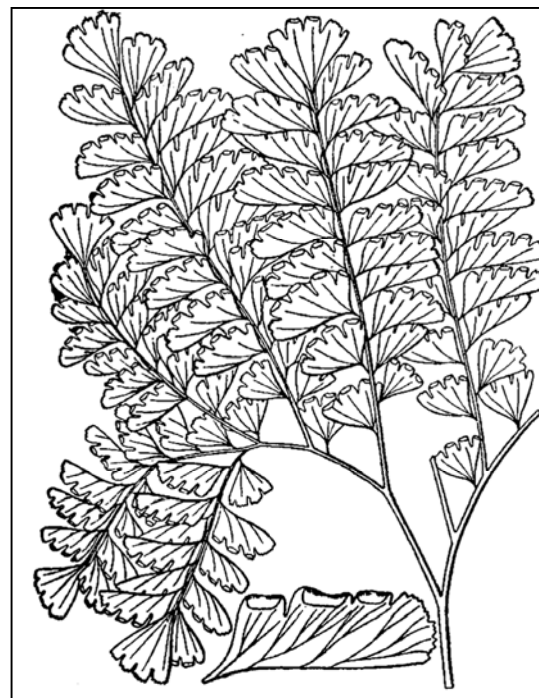
**Rachis:** Black to dark reddish-brown; shining; curving; smooth

**Petiole:** Black to dark reddish-brown; shining; scaly at base, becoming smooth above; longer than blade, round

**Rootstock:** Creeping, branching; scales densest at growing ends; grayish-brown; some older, dead petioles remaining

**Sori:** 1-5 per leafule, located on shaggy edge of margin; rectangular in shape, thin; *indusiua white to yellowish-green*

**Human Uses:** This plant was highly valued as a medicinal plant in the 19th century. A tea or syrup was used for treatment of nasal congestion, asthma, and sore throats. A decoction of the rootstock was massaged into rheumatic joints. Native Americans chewed the leaves and then applied them to wounds to help stop bleeding. A strong infusion of the whole plant was used as an emetic in the treatment of the flu. The petiole is used as an ornament in basketry. Well suited for moist, shade gardens.



Adiantum: (Greek) *a*—without, *diainem*—to wet; referring to the ability of leaflets to shed water

Pedatum: (Latin) *pedatus*—foot; referring to the decreasing size of the leaflets resembling a footprint

**Native:** Yes  
**Evergreen:** No



- A. Dense cluster of whole plants
- B. Sterile leaf exhibiting the circular to horseshoe form of the rachis
- C. Fertile leafules with sori at the margin



## Mountain Spleenwort

*Asplenium montanum*

**Habitat:** Rock-lover; found in moist, shaded crevices and on ledges of sandstone, gneiss, and granite; *absent from calcareous rocks*

**Population Status:** *Very rare*; in southeastern NY, CT and RI, southern MA, southwestern VT; absent from NH and ME; *listed as threatened in CT and VT and endangered in RI and MA*

**I.D. Notes:** Pinnate-pinnatifid; widest at base; monomorphic

**Leaf:** Gentle taper toward tip; arching slightly; up to 8" +/- tall; grows in clumps; leathery

**Leaflets:** Usually 3-6 lobed, blunt; *veins can be forked or simple, never reaching margin*

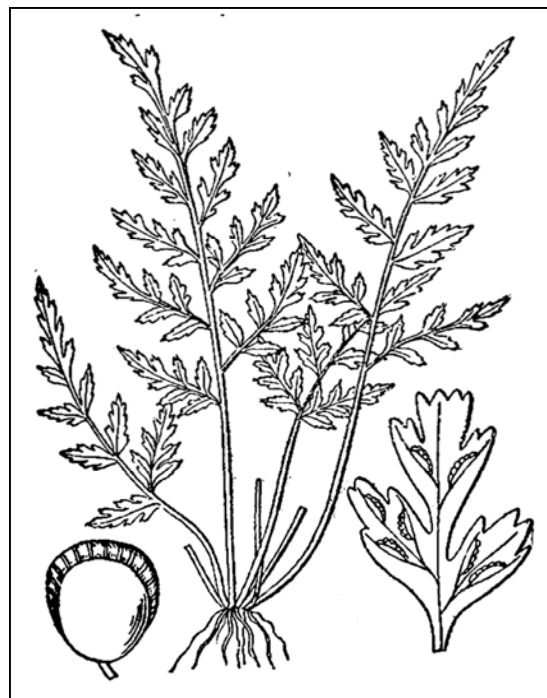
**Rachis:** Green; *winged, flattened*; sparsely hairy

**Petiole:** Dark purplish-brown at base, turning green above; scaled at base, smooth above; shorter than or equal to blade

**Rootstock:** Short creeping;

**Sori:** Narrow; scattered along veins of leaflets; indusia tan, slightly serrated, fragile

**Human Uses:** Unknown



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Montanum: (Latin) *montanus*—growing on mountains; referring to its preferred habitat

**Native:** Yes  
**Evergreen:** Yes





Dan Nickrent

- A. Fertile leaf
- B. Whole plant in rock crevice



Janet Novak

## Ebony Spleenwort

### *Asplenium platyneuron*

**Habitat:** Found in moist, shaded, sub-acidic woodlands, fields, along stream banks, rock fences, talus slopes, on limy outcrops and older concrete foundations; typically grouped in sets of three or four; also found as isolated individuals

**Population Status:** Common throughout southern areas; reported in all NE states and NY; rare in northern NH and ME; *listed as threatened in ME*

**I.D. Notes:** Pinnate; full taper; dimorphic

**Sterile Leaf:** Rarely over 6" +/- tall; leaves curling amongst each other, forming a tuft near the ground; more numerous than fertile leaves

**Leaflets:** Narrow, widest at base, with *Christmas-stock-like appearance*, finely serrated; can also have variable forms that are more deeply cut; veins forked, never reaching margin

**Rachis:** Smooth; brown, shiny

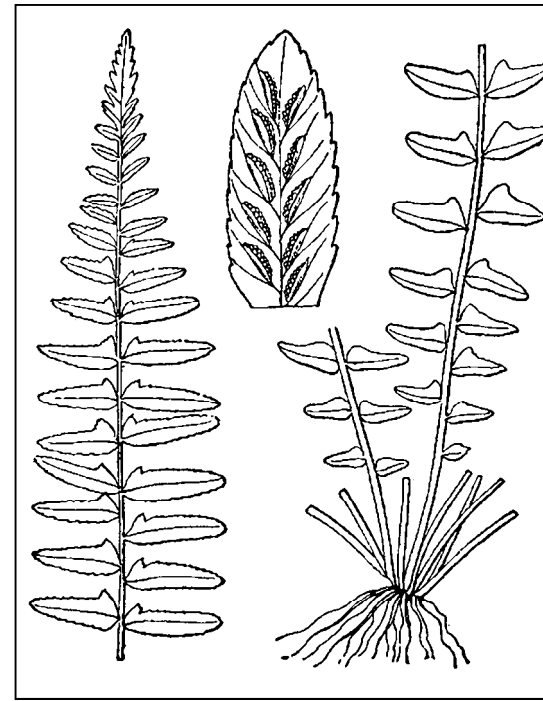
**Petiole:** Smooth; short than blade, dark brown, erect

**Fertile Leaf:** Taller and more vertical than sterile leaf; up to 15" +/- tall, making it the tallest of all NE and NY *Aspleniums*

**Sori:** Positioned along veins of leaflets; aligned diagonally to costa; *indusia silvery when young, slightly toothed*

**Rootstock:** Clustered, upright, dark brown; sparsely scaled

**Human Uses:** Well suited for shaded rock gardens and for indoor plantings.



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Platyneuron: (Greek) *platy*—broad, *neuron*—nerve of vein; referring to an early, embellished illustration of the veins

**Native:** Yes  
**Evergreen:**  
 Yes—Sterile;  
 Semi—Fertile





Arthur Haines



- A. Whole plants
- B. Fertile leaflets with sori
- C. Fertile leaflets with developing sori
- D. Whole plant



Arthur Haines



Patrick Alexander

## Walking Fern

### *Asplenium rhizophyllum*

**Habitat:** A limestone lover; found on moist, shaded cliffs, rocks, boulders, and in crevices; generally grows in a north-erly exposure

**Population Status:** Rare in ME; fairly common in VT, west-ern MA and NY; *listed as endangered in NH and RI*

**I.D. Notes:** A unique form; monomorphic

**Leaf:** Up to 15" +/- tall; a single, long tapering, arching, slender blade; *greenish above with paler undersides*; leathery, shining, smooth; heart shaped to lobed at base of blade; *tips can germinate new plants*; margin variable in form—wavy to notched; *veins often netted at rachis*, becoming forked toward margin; leathery

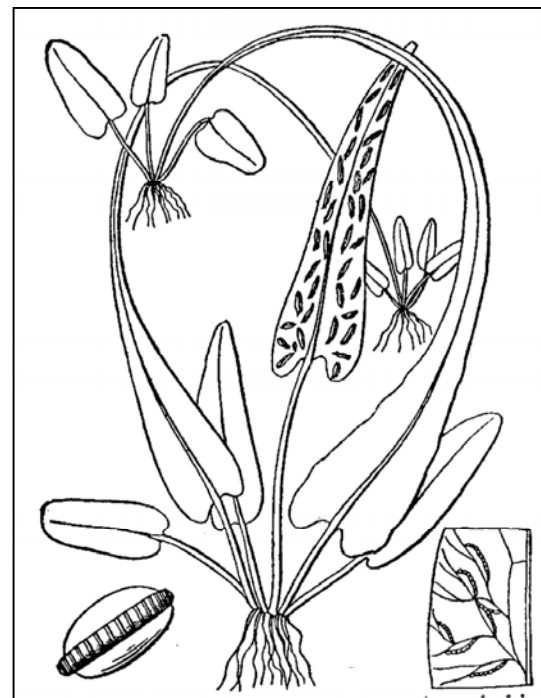
**Rachis:** Green; smooth

**Petiole:** Dark brown at base, turning green above; scaly and grooved; flattened; much shorter than blade

**Rootstock:** Erect, short; with brown scales

**Sori:** Scattered throughout the entire underside of blade; generally angled and rectangular to curved in shape; indusia whit-ish, margin entire

**Human Uses:** Unknown



**Asplenium:** (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

**Rhizophyllum:** (Greek) *rhiza*—root, *phyllum*—leaf; referring to the ability of leaf tips to root and produce new plants, and hence, “walk” across the land

**Native:** Yes  
**Evergreen:** Yes



- A. Whole plants
- B. Fertile leaf
- C. Whole plants



Craig Van Roskirk



Thomas G. Barnes



## Wall Rue

### *Asplenium ruta-muraria*

**Habitat:** Found in partially to fully shaded, mossy crevices of limestone cliffs and talus slopes

**Population Status:** Uncommon in western VT, NH, MA, CT, RI and eastern NY; absent from ME; *listed as threatened in CT and MA*

**I.D. Notes:** Bipinnate to bipinnate-pinnatifid; full taper; monomorphic

**Leaf:** Up to 8" +/- tall; bluish-green; arching; dainty, airy; somewhat leathery; reminiscent of parsley

**Leaflets:** Distinctly stemmed; widely spaced; *leafules rounded, broad to fan-shaped*; margin facing rachis and costa entire; opposing margin cut into blunt teeth; *veins forked, never reaching margin*

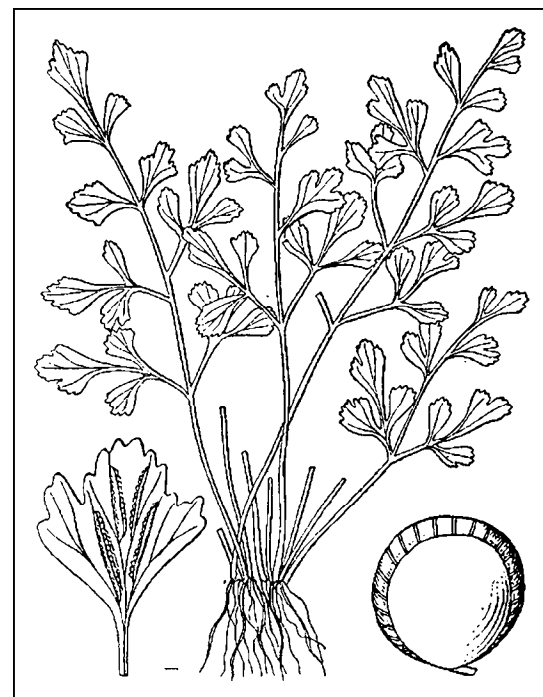
**Rachis:** Green; smooth, grooved; with sparse hairs

**Petiole:** Generally longer than blade; scaly at base, smooth above; dark brown at base, turning green above; sparsely scaled

**Rootstock:** Ascending to slightly creeping; many older, dead petioles remaining; scaly

**Sori:** Located on veins; short, rectangular in shape; often covering entire underside; indusia whitish, with hairy edges

**Human Uses:** Distilled water made from the leaves was used to treat many eye irritations. It was once used as a remedy for rickets and its tannin content is suitable for stopping the bleeding of small wounds.



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Ruta-muraria: (Latin) *murus*—wall, rue of the wall; referring to its physical similarity with the plant Common Rue (*Ruta graveolens*) and its preferred habitat of castle stone walls and cathedrals of Europe

**Native:** Yes  
**Evergreen:** Yes



**A**

Paul Busselen



**B**

Thomas G. Barnes



**C**

Pietro Curri



**D**

E. Horak

- A. Fertile leafules with sori
- B. Sterile leaf
- C. Fertile leafules with sori
- D. Whole plant on mossy cliff

## Hart's Tongue Fern

*Asplenium scolopendrium*

**Habitat:** At higher elevations; in cool, moist, shaded limestone rock crevices and on talus slopes

**Population Status:** *Very Rare*; found only in western NY, where it is *listed as threatened*

**I.D. Notes:** A unique form; monomorphic

**Leaf:** Up to 18" +/- tall; *blade uniform in width*, wavy edged, arching; dark green, shining, leathery; heart shaped to lobed at base of blade; tips with blunted point; *veins forked, never reaching margin*

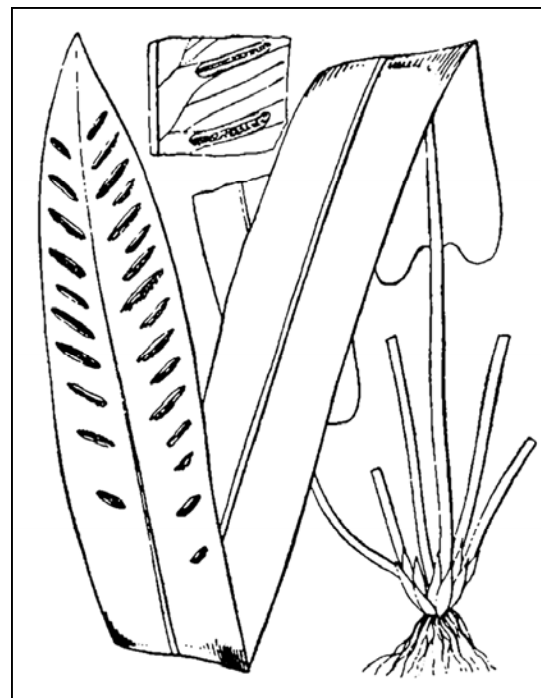
**Rachis:** Light brown at base, becoming yellowish above; smooth

**Petiole:** Light brown throughout; grooved, with brownish scales and hairs when young, becoming smoother with age; shorter than blade

**Rootstock:** Erect, short; some older, dead petioles remaining

**Sori:** Diagonal to rachis; rectangular in shape; varying in length; typically restricted to upper portions of blade; indusia present

**Human Uses:** An infusion of the leaves were taken internally for the treatment of diarrhea, dysentery, gravelly deposits of the bladder and for removing obstructions of the liver and spleen.



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Scolopendrium: (Greek) *scolopendra*—centipede; referring to the parallel rows of sori that appear similar to the legs of a millipede

**Native:** Yes  
**Evergreen:** Yes





A. Mrkvicka



Annie Jean-Luc

- A. Fertile leaf
- B. Unfurling fiddleheads
- C. Whole plant



Courtesy Missouri Botanical PlantFinder

## Maidenhair Spleenwort

*Asplenium trichomanes*

**Habitat:** Found on moist, shaded, mossy limestone and other basic rock cliffs or atop boulders; also found on non-calcareous rocks; most frequent in the lower elevations of the Taconic Mountains of Massachusetts and the Green Mountains and Champlain Valley of Vermont.

**Population Status:** Common; reported throughout NE and NY; rare in northern ME

**I.D. Notes:** Pinnate; full taper; slightly dimorphic; can resemble *Asplenium trichomanes-ramosum*

**Sterile Leaf:** Up to 10" +/- tall when mature; dark green; generally growing prostrate to rock

**Leaflets:** Round, blunt; margin slightly serrated; upper leaflets crowded, becoming overlapped; generally opposite; veins forked, never reaching margin

**Rachis:** Smooth; purplish-brown

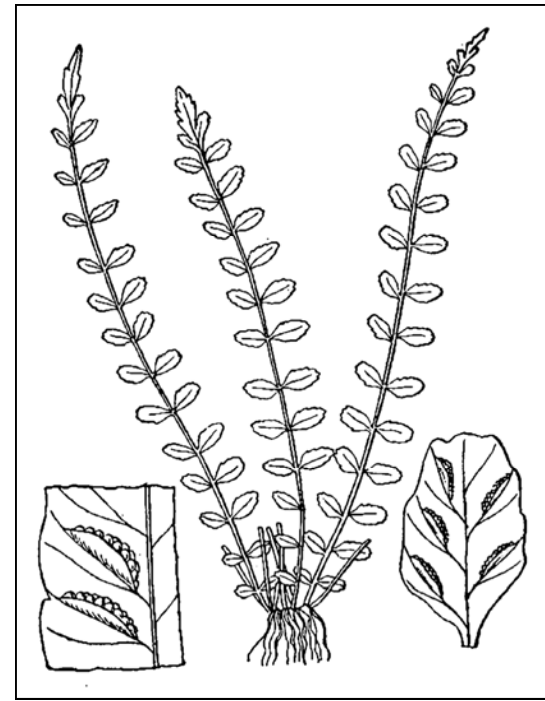
**Petiole:** Quite short and smooth; dark purplish-brown; brittle; much shorter than blade

**Fertile Leaf:** Generally more erect than sterile leaf

**Sori:** Positioned along veins; only a few per leaflet, decreasing in numbers toward leaf tip; indusia greenish, entire to slightly serrated

**Rootstock:** Clustered, upright, with dark brown scales

**Human Uses:** A tea made from leaves acts as a demulcent, expectorant and laxative. It has been used in the treatment of chest pains and to promote menstruation. Well suited for shaded rock gardens and for indoor plantings.



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Trichomanes (Greek): a tangled mass of hair; a term used by pre-Linnaean botanists

**Native:** Yes  
**Evergreen:** Yes

*Asplenium trichomanes*



- A. Fertile leaf
- B. Fertile leaflets with sori
- C. Whole plant on mossy, limestone cliff





## Bright Green Spleenwort

*Asplenium trichomanes-ramosum*

**Habitat:** Shade loving; found in cool, moist crevices of limestone and on talus slopes in northerly regions

**Population Status:** *Very rare*; reported in only northern ME, VT and NY; *listed as threatened in ME and VT and endangered in NY*

**I.D. Notes:** Pinnate; semi taper; monomorphic

**Leaf:** 3" tall +/-; delicate, narrow; erect to semi-erect

**Leaflets:** Rounded, blunted at tips; slightly serrated; veins forked, never reaching margin

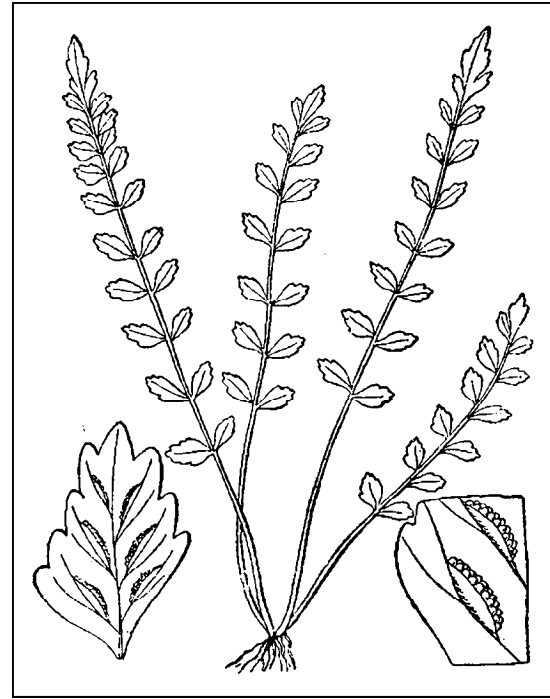
**Rachis:** *Green*; fragile, *flattened*

**Petiole:** Shorter than blade; base brown, turning green above; smooth

**Rootstock:** Short; slightly horizontal to erect

**Sori:** Positioned along veins; three to four per leaflet; indusia whitish, often deciduous

**Human Uses:** Unknown



Asplenium: (Greek) *a*—without, *splen*—spleen; referring to its supposed medicinal value for curing diseases of the spleen

Trichomanes (Greek): a tangled mass of hair; a term used by pre-Linnaean botanists

Ramosum: (Latin) branched

**Native:** Yes

**Evergreen:** Generally, can be deciduous



Yves Krippel & MNHN & SNL



A. Mrkvicka



- A. Whole plant
- B. Fertile leaflets with developing sori
- C. Whole plant on talus slope

John Maunder



## Common Lady Fern

*Athyrium filix-femina*

**Habitat:** Found in moist, partially shaded areas of woodlands, fields, meadows, ravines, and along stone walls; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Common; reported throughout NE and NY

**I.D. Notes:** Bipinnate-pinnatifid; semi taper; monomorphic; *some species can have a red petiole*

**Leaf:** Up to 3' +/- tall; arching, tips sometimes wilting; varies in color—yellowish-green to lime green to dark green; tips pointed; can be variable in form

**Leaflets:** Generally uniform in width toward the abruptly tapering tips; tips curving and wavy, especially in sunny areas; margin of leafules serrated; leafules pointed or blunt tipped; veins forked

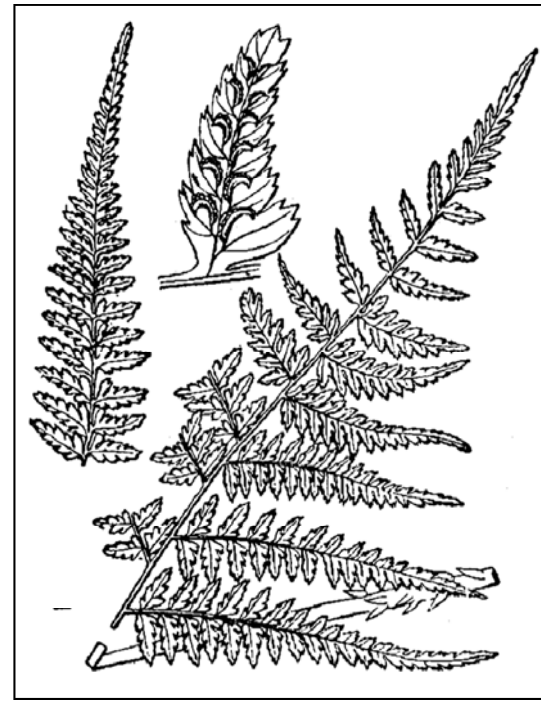
**Rachis:** Pale; slightly grooved to flat

**Petiole:** Base black to dark reddish-brown, turning green above—one form with red throughout; shorter than blade; scales shining, densest at base, black to dark reddish brown; *scales easily removed by fingers*; shorter than or equal to blade

**Rootstock:** Creeping to semi-erect; shallow to exposed; some older, dead petioles remaining

**Sori:** Slightly curving to horse-shoe shaped; turning dark brown during maturation; *indusia hairy, with toothed margin*

**Human Uses:** A tea of the boiled petioles was used to relieve labor pains. The young fiddleheads were eaten to treat internal ailments such as cancer of the womb. A tea of the boiled rootstock was used to treat general body pains, and to stop breast pains caused by childbirth. The dried powdered rootstock has been applied externally to heal sores. Well suited for moist, shaded gardens.



Athyrium: (Greek) *a*—without, *thyrs*—door; referring to indusium “door” not having pushed open by the sporangia

Filix-femina: (Latin) *filix*—fern, *femina*—female

**Native:** Yes  
**Evergreen:** No



- A. Young leaves
- B. Fertile leafules with sori
- C. Unfurling fiddlehead
- D. Whole plant

## Hairy Lip Fern

*Cheilanthes lanosa*

**Habitat:** Found on dry, rocky cliffs and ledges of sandstone, basalt, granite, gneiss and sometimes limestone; not reported in lowland nor higher elevations

**Population Status:** *Very rare*; only known stations exist in southwestern CT and southern NY—local populations can be numerous; *listed as endangered in CT and NY*

**I.D. Notes:** Bipinnate to bipinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Up to 14" +/- tall, but generally smaller; narrow; leathery, coarse; clumpy growth habit

**Leaflets:** Becoming more closely spaced toward leaf tip; hairy above and densely hairy beneath—fuzzy appearance; hairs tan to whitish, jointed; *margin of leaflets curled under, creating "hairy lip"*; costae dark reddish-brown; veins forked

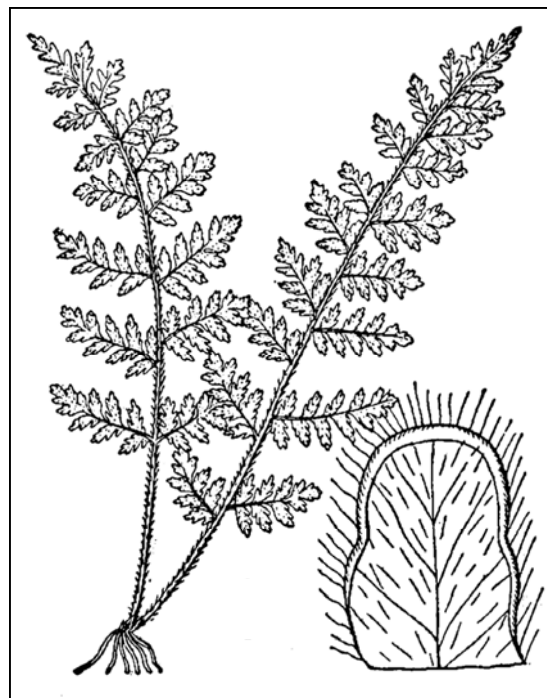
**Rachis:** Reddish-brown; covered in white hairs that turn grayish as growing season progresses

**Petiole:** Blackish-purple to reddish-brown; wiry and slender; *covered with dark jointed hairs*; much shorter than blade

**Rootstock:** Creeping; covered with brownish-tan scales sometimes with dark, central stripe; leaves emanate in mini-tufts along rootstock

**Sori:** Dark brown; partially hidden by curled margin; becoming dense, forming continuous outline along margin; no indusia

**Human Uses:** Unknown



**Cheilanthes:** (Greek) *cheilos*—lip or margin, *anthos*—flower; referring to the margin of leaflets curling over the sori

**Lanosa:** (Latin) *lana*—wool; referring to the woolly leaves

**Native:** Yes  
**Evergreen:** Yes



*Cheilanthes lanosa*



Charles Levallen

- A. Whole plants
- B. Sterile leaf
- C. Fertile leaflet with sori



## Fragile Rock Brake

*Cryptogramma stelleri*

**Habitat:** Found only in northern areas or higher elevations; deeply shaded, moist, limy substrates and in wet crevices or ledges of limestone and calcareous shale

**Population Status:** Rare; scattered in VT and NY; in CT, western MA, NH, and northern ME; absent in RI; *listed as threatened in ME, MA, NH and endangered in CT*

**I.D. Notes:** Pinnate-pinnatifid to bipinnate, widest at base; dimorphic

**Sterile Leaf:** Up to 8" +/- tall; delicate; variable in cut and shape; arching, low to the ground; perishing by early August

**Leaflets:** Variable in cut and shape; *round, blunt, fan shaped*; margin of leafules wavy to slightly lobed; partially translucent; veins 1-3 times forked

**Rachis:** Green; smooth

**Petiole:** Reddish brown at base, turning greenish above; smooth; longer than blade

**Fertile Leaf:** Taller; distinctly branched; leafules tapering, more narrow, blunt or pointed; *margin of leafules curled*

**Sori:** Located under curled margin; no indusia

**Rootstock:** Creeping; slender, with brown scales; slightly hairy

**Human Uses:** Unknown



Cryptogramma: (Greek) *kryptos*—hidden, *gramme*—line; referring to rows of sori hidden by the overlapping margin of leaflets on fertile leaves

Stelleri: (Latin) named for George Wilhelm Steller, an early Russian botanist (1709-1746)

**Native:** Yes  
**Evergreen:** No



*Cryptogramma stelleri*

- A. Developing fertile leaf
- B. Fertile leaf with curled margin covering sori
- C. Fertile leaf
- D. Sterile leaf

John Maunder



Janet Novak



Don Lubin

John Maunder

## Bulblet Bladder Fern

*Cystopteris bulbifera*

**Habitat:** Found in limestone rich areas; on cliffs and steep talus slopes; prefers moist substrates, but can tolerate drier locales; occasionally found in woodlands on moist, alluvial substrates; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Common in VT, NH, western MA, and CT; scattered throughout ME and NY

**Eco-indicator:** Rich, moist to wet sites

**I.D. Notes:** Bipinnate to bipinnate-pinnatifid; full taper; monomorphic; can resemble *Cystopteris fragilis*

**Leaf:** Light green to yellowish-green, dainty; triangular; has been known to reach 5' +/- tall, but usually 1'-2' +/- tall; *distinctly long tapering*; tips sometimes curling; drooping; *produces bulblets, which can drop off and germinate new plants*

**Leaflets:** Lower pairs widely spaced, becoming closer toward leaf tip; generally perpendicular to rachis; costae glandular; veins forked, terminating in notches of lobes

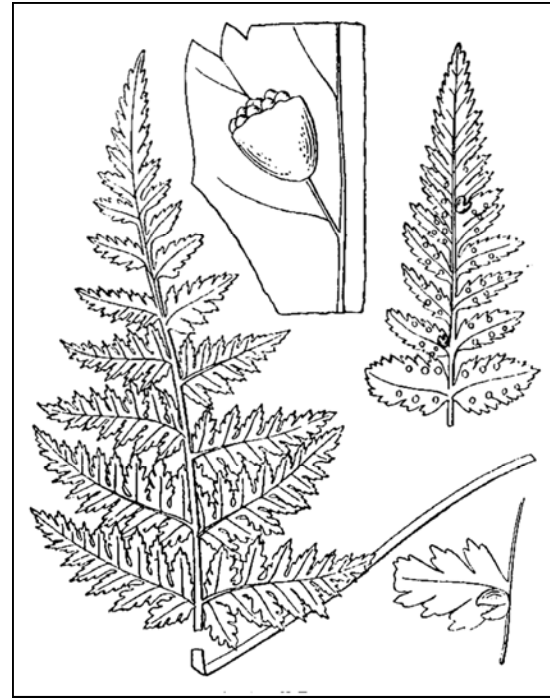
**Rachis:** Shiny, yellow; delicate, thin; *glandular*

**Petiole:** Swollen at base; shorter than blade; dark at base, turning yellowish above; bright reddish throughout when young; sparsely scaled

**Rootstock:** Semi-erect, sometimes creeping; short; black with scales

**Sori:** Sparsely scattered, generally between margin and mid-vein; *indusia glandular*

**Human Uses:** Unknown



**Cystopteris:** (Greek) *kystos*—bladder, *pteris*—fern; referring to the inflated or bladder-like indusia

**Bulbifera:** (Greek) *bolbos*—bulb, (Latin) *fero*—to bear; referring to the bulblet producing ability of this fern

**Native:** Yes  
**Evergreen:** No





**A**

Robbin Moran



**B**

Robbin Moran



**C**

J. Liira



**D**

Brent Smith

- A. Fertile leaf with bulblets
- B. Fertile leafules
- C. Young leaf
- D. Whole plant



## Brittle Bladder Fern

*Cystopteris fragilis*

**Habitat:** Found on shaded, moist cliffs, talus slopes, and in crevices of various rock types; also found in rich woodlands and atop decaying tree stumps

**Population Status:** Fairly common; scattered throughout NE, and NY, although not found in RI

**I.D. Notes:** Pinnate-pinnatifid to bipinnate; semi taper; monomorphic; can resemble *Cystopteris bulbifera*

**Leaf:** Up to 10" +/- tall; light to dark green; arching or erect; tips pointed; light to dark green

**Leaflets:** Triangular; lower pairs widely spaced; cut is variable; margin entire to serrated; veins forked, generally terminating in apex of blunt teeth

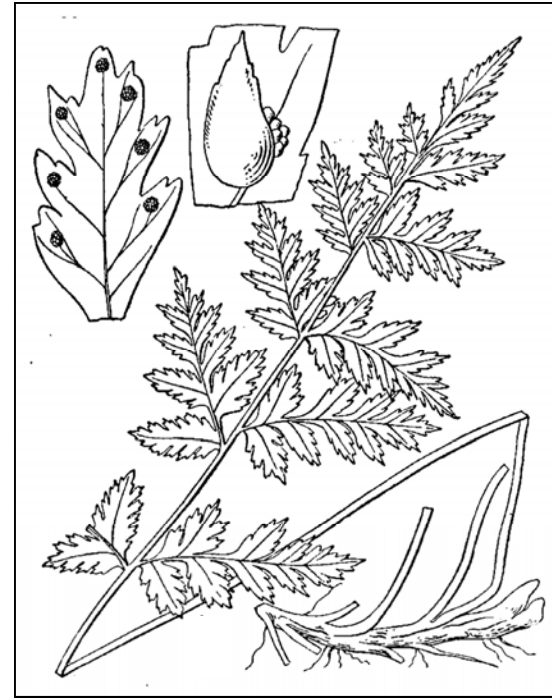
**Rachis:** Smooth

**Petiole:** Dark brown at base, turning green to straw colored above; slender and brittle, easily injured; sparsely scaled toward base; shorter than blade

**Rootstock:** Creeping, branched or not; dark brown to black; covered with hairs and sparsely scaled; leaves emanate from tip

**Sori:** Tiny and round; scattered about; nearer the margin than midvein; *indusia roundish, tapering to a point*

**Human Uses:** A decoction of the rootstock was used as an anthelmintic enema. A cold infusion of the plant was used both internally and externally as a treatment for injury. Well suited for shaded rock gardens.



**Cystopteris:** (Greek) *kystos*—bladder, *pteris*—fern; referring to the inflated or bladder-like indusia

**Fragilis:** (Latin) *fragilis*—easily broken; referring to the fragile petioles that are easily broken when bent

**Native:** Yes  
**Evergreen:** No



Robin Moran



Gary Fewless



Carl Farmer

- A. Whole plants
- B. Fertile leafule showing round sori
- C. Sterile leaflets

## Lowland Bladder Fern

*Cystopteris protrusa*

**Habitat:** Usually in moist soil of woodlands; also found in crevices of various rock types

**Population Status:** Uncommon; found only in NH, MA, CT, and NY; *listed as endangered in NY*

**I.D. Notes:** Bipinnate to bipinnate-pinnatifid; semi taper; slightly dimorphic

**Sterile Leaf:** Up to 18" +/- tall, 4" +/- wide; with pointed tips; arching to erect

**Leaflets:** Lowest leaflets perpendicular to rachis; cut variable; *veins forked, terminating in apex of blunt teeth of leaflets*

**Rachis:** Smooth

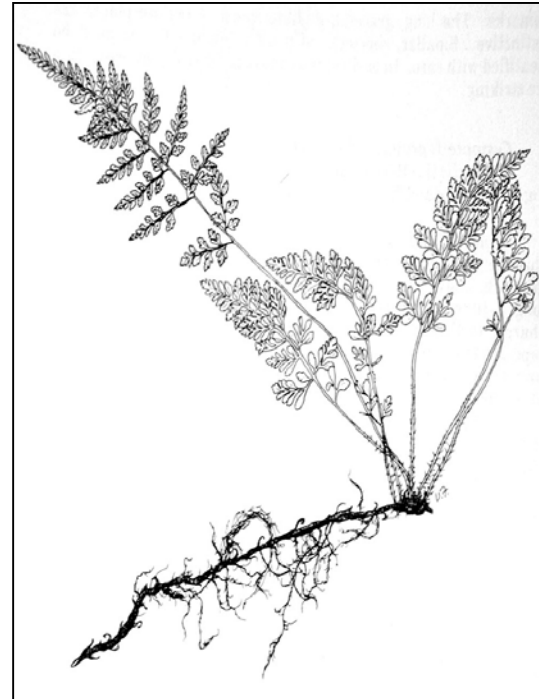
**Petiole:** Dark brown at base, turning green to straw colored above; shorter than or equal to blade

**Fertile Leaf:** Taller, more erect

**Sori:** Tiny and round; scattered about; indusia present

**Rootstock:** Long creeping; *tip "protrudes" 1" +/- beyond current years growth; tip with yellowish-tan hairs and scales*

**Human Uses:** Unknown



V. Fulford from Ferns and Fern Allies of Canada, William J. Cody and Donald M. Britton, 1989, © Agriculture Canada

**Cystopteris:** (Greek) *kystos*—bladder, *pteris*—fern; referring to the inflated or bladder-like indusia

**Protrusa:** (Latin) *protrusus*—protruding; referring to the petiole protruding beyond the current set of leaves

**Native:** Yes  
**Evergreen:** No





A. Murray Evans



Robbin Moran

- A. Fertile leaflet
- B. Whole plant
- C. Whole plant showing growth protruding from rootstock tip



Robbin Moran

## Eastern Hayscented Fern

*Dennstaedtia punctilobula*

**Habitat:** In drier areas of partially-shaded to sunny woodlands, hillsides, roadsides, rocky slopes, rock walls and pastures; sometimes on higher elevation rocky balds and in woodland clearings

**Population Status:** Common; reported throughout NE and NY; can form large, solitary colonies

**Eco-indicator:** Moderate to poor sites

**I.D. Notes:** Bipinnate-pinnatifid, semi taper; monomorphic

**Leaf:** Up to 30" +/- tall; yellowish lime green; dainty, lacy in appearance; *crushed leaves have hay-like scent*; tips long tapered, arching, pointed

**Leaflets:** Wavy, tips curving; *costae covered with fine, white to golden-brown, jointed hairs*; margin of leafules serrated into blunt lobes with notched tips; veins forked

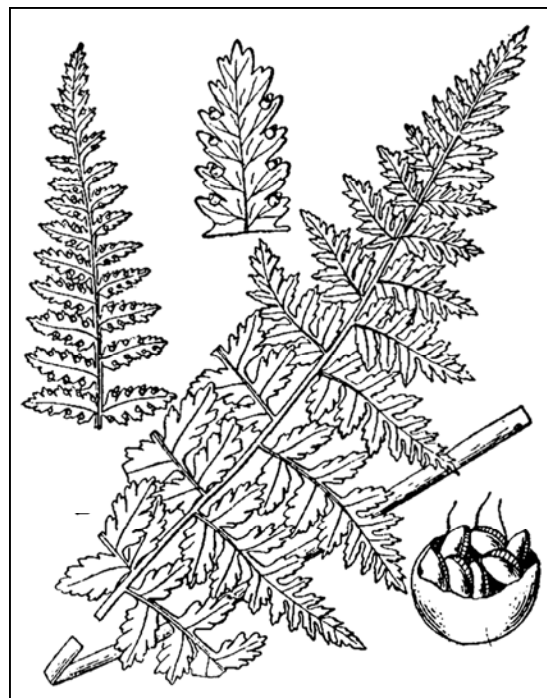
**Rachis:** Pale to straw-colored; slender; covered with hairs

**Petiole:** Dark brown to black at base, turning purplish-red brown to straw colored above; coated with fine white to golden-brown jointed hairs; slightly grooved; glandular; shorter than blade

**Rootstock:** Creeping and branching; slender, grows rapidly; dark brown, with reddish-brown hairs near newer growth

**Sori:** Small, round; located at margin, usually in the notches between two lobes; *indusia whitish, cup-like*

**Human Uses:** Unknown



Dennstaedtia: named for August W. Dennstaedt, a German botanist (1776-1826)

Punctilobula: (Latin) *punctum*—small spot, *lobulus*—small lobe; referring to the sori appearing as small spots on the tiny leafule lobes

**Native:** Yes  
**Evergreen:** No





A

Robbin Moran



B



C



D

Robbin Moran

- A. Densely hairy rachis
- B. Fertile leaf with sori in cup-like indusium
- C. Young leaf
- D. Sterile leaf

## Silver False Spleenwort

*Deparia acrostichoides*

**Habitat:** Found in rich, moist shaded woodlands, slopes, stream banks and along edges of swamps

**Population Status:** Common; reported throughout NE and NY

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Up to 3' +/- tall; widest near top; green to yellowish-green above; *hairy*

**Leaflets:** Narrow; *tips long, tapering to point*; lowest leaflets point downward; *grooves of costae not connected to groove on rachis*; with silvery hairs on costae; lobes rounded to flat-topped; veins simple

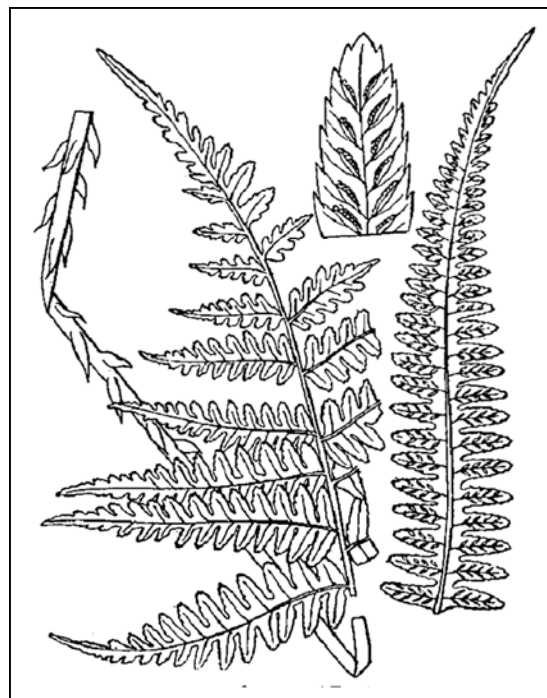
**Rachis:** Light green; *very hairy*, with few scales; grooved

**Petiole:** Dark and swollen at base, turning green above; stout; hairy with few scales; much shorter than blade

**Rootstock:** Creeping, rarely branched; covered with pale brown scales

**Sori:** Narrow, with slight arch; *silvery at first, turning pale brown*; positioned diagonally, located on veins; indusia attached at veins, silvery, turning light brown

**Human Uses:** Unknown



Deparia: (Greek) *depas*—saucer; referring to the shape of the indusium

Acrostichoides: resembling *Acrostichum* (a genus of ferns found in the tropics)—referring to its many rows of sori

**Native:** Yes  
**Evergreen:** No





Robbin Moran

- A. Rachis and costae of leaflets with hair
- B. Blades showing long, tapering tips of leaflets
- C. Fertile lobes with sori



## Glade Fern

### *Diplazium pycnocarpon*

**Habitat:** Sun-loving; found in open areas of moist glades, woodlands, meadows, gulches, and swamps; frequently growing in nutrient rich, circumneutral substrates; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Generally in secluded colonies—not widespread; reported in NY, VT, MA, CT, and RI; absent in ME and northern NH; *listed as endangered in CT and NH*

**I.D. Notes:** Pinnate; semi taper; slightly dimorphic

**Sterile Leaf:** Narrow; 36" +/- tall; *tips distinctly narrowed*, pointed, sometimes twisting or curving

**Leaflets:** Long, narrow; tips pointed; margin entire, prominently wavy; base flat to rounded to heart-shaped; *veins single or double forked*

**Rachis:** *Underside slightly hairy*; green to straw colored

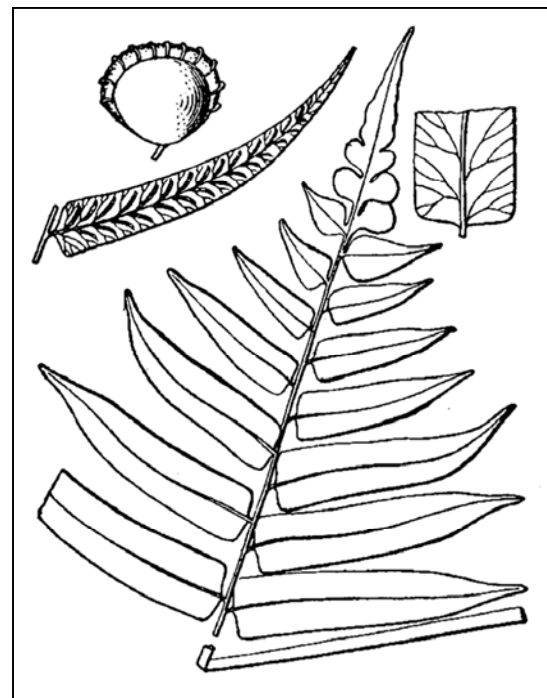
**Petiole:** Shorter than blade; scaly; base reddish-brown, turning green to straw-colored above; stout

**Fertile Leaf:** Narrower and more erect than sterile leaf; leaflets very narrow

**Sori:** Positioned along veins; aligned diagonally to costa; *indusia brownish, entire*

**Rootstock:** Creeping; slender and scaly

**Human Uses:** Unknown



**Diplazium:** (Greek) *diplazios*—double, *plasion*—oblong; referring to the parallel (double) indusium

**Pycnocarpon:** (Greek) *pycnos*—thick, *carpos*—fruit; referring to the crowded sori

**Native:** Yes  
**Evergreen:** Yes



- A. Whole plant
- B. Fertile leaflets

Janet Novak

## Mountain Wood Fern

*Dryopteris campyloptera*

**Habitat:** Found in higher, cooler, more acidic locations, also found in herbaceous snow bank communities in the alpine zone

**Population Status:** Fairly common; reported throughout NE and NY

**I.D. Notes:** Bipinnate-pinnatifid, semi taper; monomorphic; can resemble *Dryopteris intermedia* and *Dryopteris carthusiana*

**Leaf:** Arching; *blade distinctly broad and triangular*; up to 3' +/- tall

**Leaflets:** *Lowest leaflets with bottom row leafules nearest rachis dramatically longer than the second and more than 2x longer than the opposing upper row leafules*; bottom row leafules nearest rachis distinctly offset relative to upper row leafules nearest rachis; margin of leafule lobes toothed and bristle tipped; veins forked

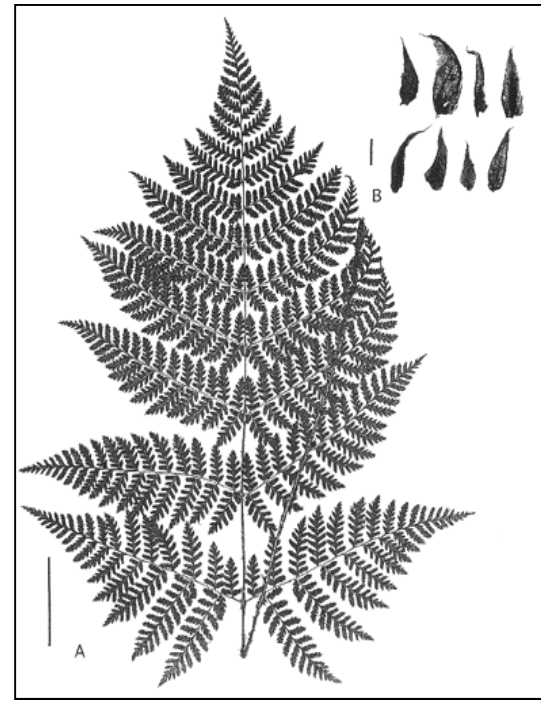
**Rachis:** Scaled

**Petiole:** Stout; shorter than leaf; scales brown, generally with darkened bases

**Rootstock:** Erect to slightly creeping, coarse, densely scaled

**Sori:** In parallel rows; positioned between margin and mid-vein; indusia sometimes *glandular*

**Human Uses:** Well suited for moist, shaded gardens.



Clarkson (Amer. Fern J. 20: 118. 1930)

*Dryopteris*: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

*Campyloptera*: (Latin) *campylo*—curved, *ptera*—wing

**Native:** Yes

**Evergreen:** No





John Maunder

- A. Lowest leaflets—see description
- B. Fertile leafules with sori
- C. Whole plant showing oval shape of blade

## Spinulose Wood Fern

*Dryopteris carthusiana*

**Habitat:** Found in wet, sub-acidic to acidic woodlands and swamps, can also be found in upland woodlands; FAC+, more frequently found in wetlands than non-wetlands (34%-66% of the time)

**Population Status:** Common; reported throughout NE and NY

**I.D. notes:** Bipinnate-pinnatifid, semi taper; monomorphic; can resemble *Dryopteris campyloptera* and *Dryopteris intermedia*

**Leaf:** Up to 30" +/- tall; width is more or less uniform from base of blade to the middle; airy and lacy in appearance

**Leaflets:** Lowest leaflets with bottom row leafules nearest rachis longer than the second and up to 2x longer than the opposing upper row leafules; margin of leafule lobes bristle tipped; lobes curving slightly toward leafule tip; veins forked

**Rachis:** Slightly scaled

**Petiole:** Stout; shorter than blade; scales pale brown, densest at base

**Rootstock:** Erect to slightly creeping, coarse, densely scaled

**Sori:** In parallel rows; positioned between margin and mid-vein; indusia present

**Human Uses:** It was one of the most effective treatments known for tapeworms. Well suited for moist, shaded gardens.



*Dryopteris*: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

*Carthusiana*: (Latin) referring to the French village Carthusium, where specimens were collected

**Native:** Yes

**Evergreen:** Semi—fertile leaves can persist into winter; No—sterile leaves





Markku Savela



Gary Fewless



Erv Evans

- A. Lowest leaflets—see description
- B. Fertile leafule with sori and showing curved lobes with bristle tips
- C. Sterile leaf

## Clinton's Wood Fern

*Dryopteris clintoniana*

**Habitat:** Found in wet woodlands and swamps; FACW+, usually more frequently found in wetlands (67%-99% of the time)

**Population Status:** Fairly common; scattered throughout NE and NY; absent from northern ME

**I.D. Notes:** Pinnate-pinnatifid; semi taper; slightly dimorphic; can resemble *Dryopteris cristata*

**Sterile Leaf:** Dark green, leathery; large—up to 3' +/- tall; arching to spreading; nearly uniform in width

**Leaflets:** Lowest pair distinctly longer relative to width; *costae scaly*; leaflet lobes toothed with bristle tips; veins forked

**Rachis:** Green to pale green; grooved; scaly, especially at base of leaflets

**Petiole:** Dark purplish-brown at base, turning greenish above; *scales brown, generally with darkened centers*; shorter than blade

**Fertile Leaf:** Taller and more erect; *lower leaflets tilted horizontal to rachis, upper leaflets remain in plane of leaf*

**Sori:** In parallel rows; positioned between margin and mid-vein; *only occurring on upper leaflet*; indusia present

**Rootstock:** Creeping to semi-erect; black to dark brown; densely scaled

**Human Uses:** Well suited for moist, shaded gardens.



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

Clintoniana: named for Judge G. W. Clinton (1807-1885), an avid botanist in the area of Buffalo, NY

**Native:** Yes

**Evergreen:** Yes—sterile leaves; No—fertile leaves





Janet Novak



Janet Novak

Courtesy Missouri Botanical PlantFinder

- A. Sterile leaf
- B. Sterile leaves
- C. Fertile leaflets with sori
- D. Whole plant



Nichole Oullette

## Crested Wood Fern

*Dryopteris cristata*

**Habitat:** Found in wet to swampy, sunny to shaded woodlands, swamps and bogs; can tolerate its roots in mud; FACW+, usually more frequently found in wetlands (67%-99% of the time)

**Population Status:** Common; reported throughout NE and NY

**I.D. Notes:** Pinnate-pinnatifid; semi taper; dimorphic; can resemble *Dryopteris clintoniana*

**Sterile Leaf:** Narrow—3" to 5" +/-; bluish-green; tips tilt backward; tapering to blunt pointed tip; spreading

**Leaflets:** Lowest pair broadly triangular, blunt tipped, widely spaced from those above; leaflet lobes slightly serrated, bristle tipped; veins forked

**Rachis:** Green; sparsely scaled

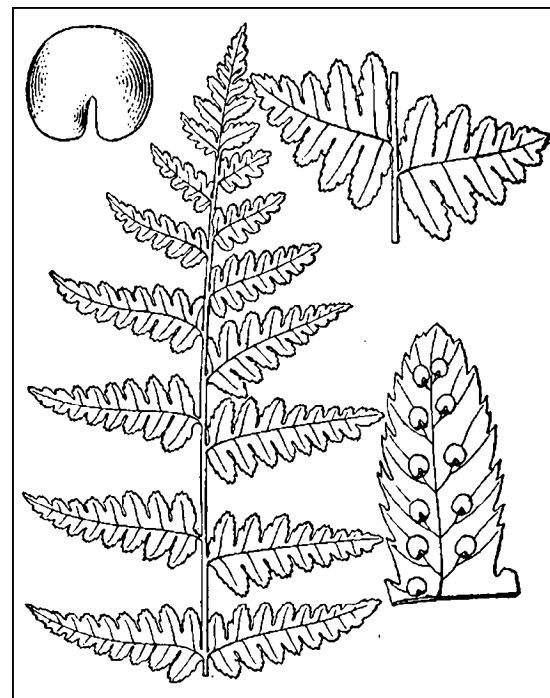
**Petiole:** Dark purplish-brown at base, turning green above; scales scattered throughout; shorter than blade

**Fertile Leaf:** Petiole much taller; leaf more erect; *leaflets distinctly tilted horizontal to rachis—ladder-like*

**Sori:** In parallel rows; positioned between margin and mid-vein; *only occurring on upper leaflet*; indusial present

**Rootstock:** Creeping to semi-erect; black to dark brown; very scaly

**Human Uses:** Unknown



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

Cristata: (Latin) *cristatus*—crested

**Native:** Yes

**Evegreen:** Yes—sterile leaves; No—fertile leaves





Janet Novak



Gary Fewless

- A. Fertile leaf showing ladder-like form of blade
- B. Fertile leaflet with sori
- C. Lowest leaflets showing triangular form with blunt tips



Alejandra Vasco



## Male Fern

*Dryopteris filix-mas*

**Habitat:** Found in northern areas in moist, rocky woodlands and slopes; typically over limestone bedrock

**Population Status:** Rare; reported in the mountains of ME, NH, VT and NY; absent from the rest of NE

**I.D. Notes:** Pinnate-pinnatifid to bipinnate; full taper; monomorphic

**Leaf:** Leathery; dark, deep green; up to 3' +/- tall; widest above middle

**Leaflets:** Long, narrow; tips pointed; costae scaled; veins forked

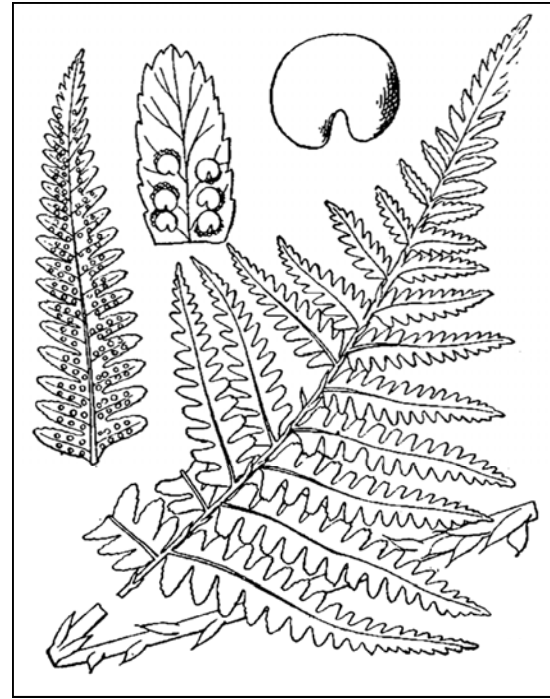
**Rachis:** Green, without groove or slightly grooved at leaf tip, scaly underneath

**Petiole:** Stout; with both thin, hair-like scales and broad scales, which are tan and densest at base; very short; grooved

**Rootstock:** Erect, thick, dark brown to black and densely scaled

**Sori:** In parallel rows; positioned between margin and mid-vein; indusia hairy; round

**Human Uses:** The male fern was one of the most popular and effective treatments for tape worms. The root contains an oleo-resin that paralyses tapeworms and other internal parasites. The rootstock was also taken internally for the treatment of internal hemorrhage, uterine bleeding, mumps and fevers. The ash of the plant is rich in potash and has been used in soap and glass production. The decaying leaves make a good weed suppressing mulch in the winter.



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

Filix-mas: (Latin) *filix*—fern, *mas*—male

**Native:** Yes  
**Evergreen:** No



Carl Farmer

- A. Whole plant
- B. Fertile leaflets with sori



## Fragrant Wood Fern

*Dryopteris fragrans*

**Habitat:** Rock-loving; found on acidic to basic, dry, sunny or shaded cliffs and talus slopes—typically with a northern aspect

**Population Status:** Rare, local; only in northern regions of VT, NH, and ME; typically found as isolated plants; *listed as threatened in NH and endangered in NY*

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Leathery in appearance; the smallest of our wood ferns—16" +/- tall; *dead, withered brown leaves mixed amongst living leaves*; narrow; *covered with glands that emit a sweet fragrance*; nearly uniform in width; erect

**Leaflets:** Closely spaced, sometimes overlapping; margin of lobes typically curled under—with blunt teeth; veins simple to forked

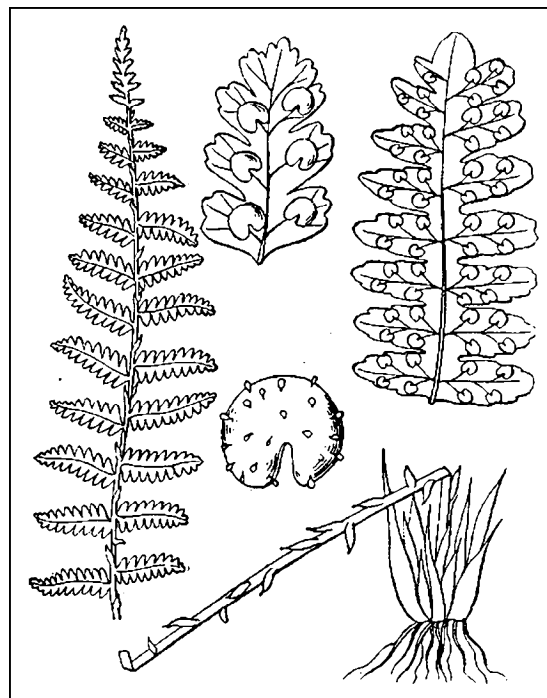
**Rachis:** Many broad, thin reddish-brown scales; *glandular*

**Petiole:** Many reddish-brown scales; broken petioles can persist, creating a stubby appearance; much shorter than blade; *sparsely glandular*

**Rootstock:** Erect, short; covered by brownish scales

**Sori:** Large relative to leaflet lobes; can cover entire under surface; dark brown; *indusia glandular*

**Human Uses:** Unknown



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

Fragrans: (Latin) *fragrans*—fragrant; referring to the sweet, fruity odor emitted by leaves when crushed

**Native:** Yes  
**Evergreen:** Yes

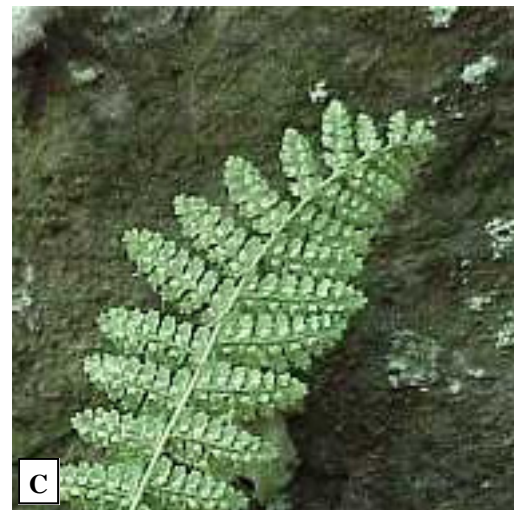




John Maunder



Arthur Haines



Eric Kroening

- A. Young leaves
- B. Sterile leaf
- C. Fertile leaf

## Goldie's Wood Fern

*Dryopteris goldiana*

**Habitat:** Found in rich soils of cool, moist, shaded forests; also found on well-drained, rocky slopes in northern areas; FAC+, more frequently found in wetlands than non-wetlands (34%-66% of the time)

**Population Status:** Common in NY and western NE montane regions; uncommon in ME; absent from RI

**Eco-indicator:** Rich, moist to wet sites

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Up to 4' +/- tall, making it the largest of our wood ferns; leathery; tilt backward; *tapering dramatically to tip*; green with bronze tint; young tips light green to yellowish; shaggy appearance

**Leaflets:** *Lowest pair widest at middle, tapering toward rachis and leaflet tip*; lower pair generally point downward; lobes slightly toothed, sometimes with bristle tips; veins forked

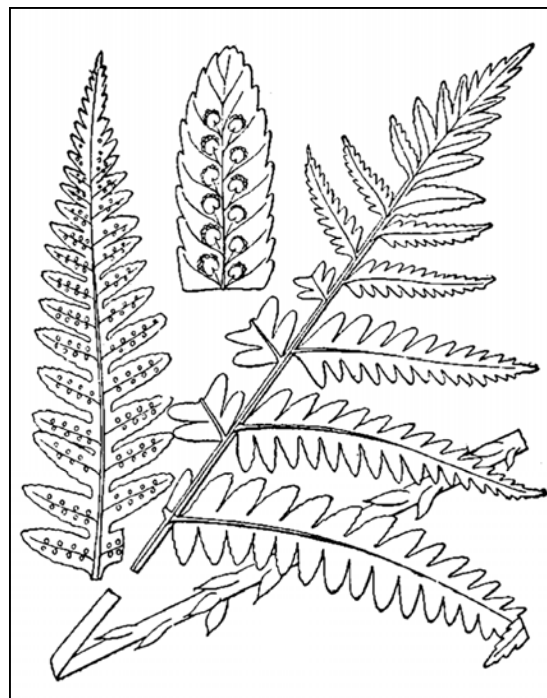
**Rachis:** Green with tan scales; lower portion not grooved, upper segment slightly grooved, with purplish trough

**Petiole:** Straw colored; *scales tan, pointy, with dark reddish-brown central stripes*; very scaly at base, lessening toward upper rachis; shorter than blade

**Rootstock:** Erect to semi-erect, short, densely scaled

**Sori:** Roundish, in parallel rows; nearer midvein; indusia present

**Human Uses:** Well suited for moist, shaded gardens.



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woods

Goldiana: (Latin) named for John Goldie, a Scottish Botanist (1793-1886)

**Native:** Yes  
**Evergreen:** No





- A. Fertile leaflets with sori
- B. Leaf tip showing abrupt taper
- C. Whole plant

## Intermediate Wood Fern

*Dryopteris intermedia*

**Habitat:** Found in moist to dry, circumneutral woodlands, ravines, and along rock ledges

**Population Status:** Common; reported throughout NE and NY

**I.D. Notes:** Bipinnate-pinnatifid, semi taper; monomorphic; can resemble *Dryopteris campyloptera* and *Dryopteris carthusiana*

**Leaf:** Up to 3' in length; blade triangular; leathery and lacy in appearance

**Leaflets:** *Lowest leaflets with bottom row leafules nearest rachis shorter than, or equal to the second; costae and axils glandular; margin of leafules toothed and bristle tipped; veins forked*

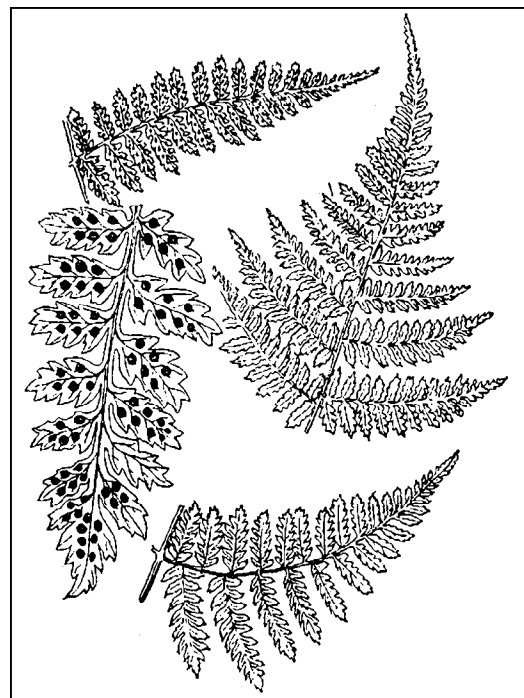
**Rachis:** *Whitish glandular hairs; slightly scaled*

**Petiole:** Stout; shorter than blade; scales brown, with darkened centers, densest at base

**Rootstock:** Erect to slightly creeping, coarse, densely scaled

**Sori:** In parallel rows; positioned between margin and midvein; *indusia glandular*

**Human Uses:** Well suited for moist, shaded gardens.



Dryopteris: (Greek) *drys*—oak, *pteris*—fern; referring to the many species that are found in oak woodlands

Intermedia: (Latin) *intermedius*—between or intermediate

**Native:** Yes

**Evergreen:** Yes





J.S. Peterson



- A. Lowest leaflets—see description
- B. Sterile leaves
- C. Fertile leafules with sori and showing glandular midvein

## Marginal Wood Fern

*Dryopteris marginalis*

**Habitat:** A true soil generalist, tolerating alkaline, neutral and acidic substrates; found in a variety of semi-shaded locations, including stream banks, talus and wooded slopes, ravines, ledges, rock crevices and lowland forests

**Population Status:** Abundant; reported throughout NE and NY

**I.D. Notes:** Pinnate-pinnatifid to bipinnate; semi taper; monomorphic

**Leaf:** Dark bluish-green; up to 3' +/- tall; leathery; arching, tips tapering to point; some leaves of previous year withered, mat forming

**Leaflets:** Tapering to point; tips curving and wavy; becoming overlapped toward leaf tip; underside distinctly lighter, costae dark purple; margin of lobes or leafules entire or bluntly serrated; veins forked

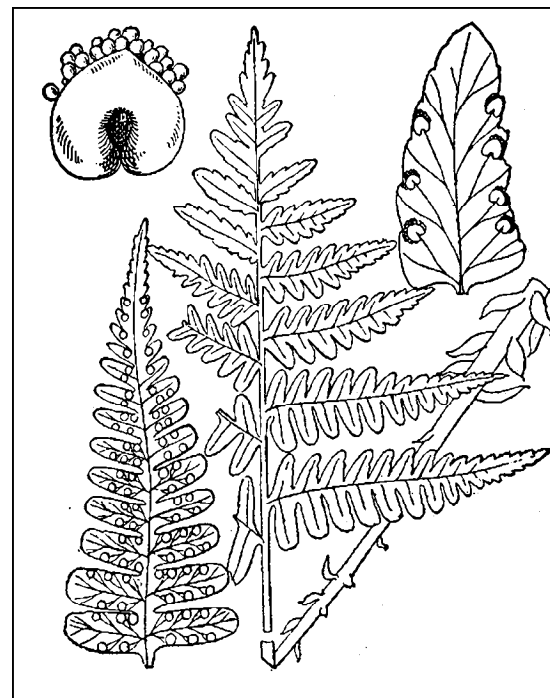
**Rachis:** Pale to light green; scaly, especially toward base of leaflets; narrow groove

**Petiole:** Swollen at base; stout; base dark reddish-brown, turning brownish-green to light green above; base covered in large, papery golden-brown scales—very dense; shorter than blade

**Rootstock:** Ascending; very stout and densely covered in golden-brown scales

**Sori:** Distinctly located as two parallel rows along margin; round, small; indusia present

**Human Uses:** It was one of the most effective treatments known for tapeworms. An infusion of the rootstock was used in the treatment of rheumatism. A warm infusion, held in the mouth, was used to treat toothaches.

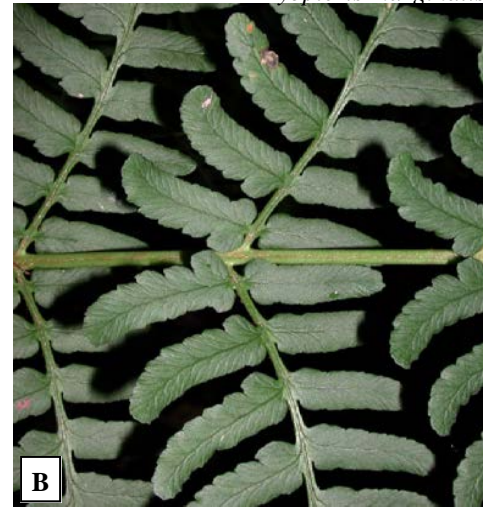


Dryopteris: (Greek) *drys*—oak, *pterus*—fern; referring to the many species that are found in oak woods

Marginalis: (Latin) *marginatus*—enclosed with a margin; referring to the position of the sori on leafule margin

**Native:** Yes  
**Evergreen:** Yes





Robbin Moran



Arieh Tal



Robbin Moran

- A. Fertile leaflet with sori on margin
- B. Sterile leaflets showing variations in cut
- C. Fiddleheads beginning to unfurl
- D. Whole plant



## Western Oak Fern

*Gymnocarpium dryopteris*

**Habitat:** Found in cool, shaded woodlands and stream banks where the substrate is slightly rocky, moist and sub-acidic; sometimes on boulders and cliffs of various rock types

**Population Status:** Common; found throughout NE and NY, except in RI where it is *listed as threatened*

**I.D. Notes:** Bipinnate-pinnatifid; full taper; monomorphic

**Leaf:** Up to 14" or more in length; *divided from central point along rachis into three parts (1 larger, 2 smaller)*; arching backward, sometimes becoming parallel with ground

**Leaflets:** Variable in shape and cut; tips blunt; undersides sometimes glandular; *grooves of costae not connected to groove on rachis*; veins simple to forked; margin of leaflets wavy to slightly lobed

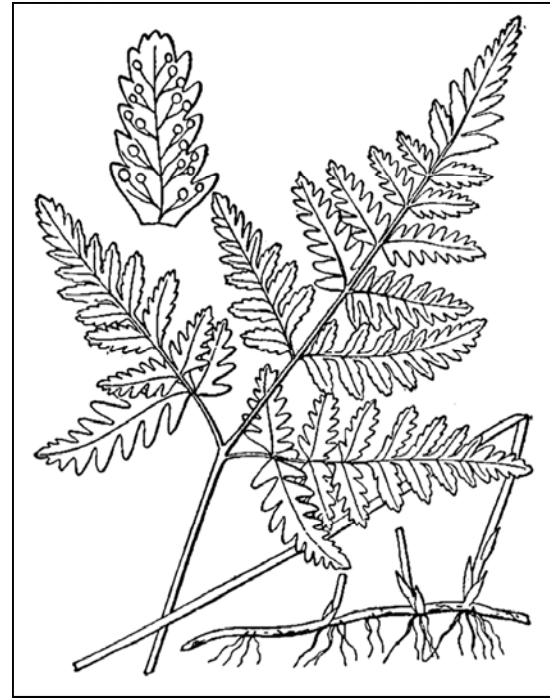
**Rachis:** Green to dark purplish-green, delicate; sometimes glandular

**Petiole:** Slender; dark purplish-brown at base, turning yellowish green above; longer than blade; *sparsely scaled and glandular*

**Rootstock:** Long creeping, branching; slender; black and scaly; grows leaves all season

**Sori:** Small and round; located at margin; without indusia

**Human Uses:** Well suited for moist, shaded rock gardens.



Gymnocarpium: (Greek) *gymnos*—naked, *karpos*—fruit; referring to their lack of indusia

Dryopteris: (Greek) *drys*—oak, *pteris*—fern

**Native:** Yes  
**Evergreen:** No



- A. Whole plant  
B. Fertile leafules with sori  
C. Sterile leafule

Gary Fewless

## American Climbing Fern

*Lygodium palmatum*

**Habitat:** Partial to full shade; found in moist to wet acidic substrates of stream banks, ravines, emergent swamps, and thickets; FACW, usually found in wetlands (67%-99% of the time)

**Population Status:** Uncommon, localized in MA, CT, and RI; rare in NH and VT; absent from ME and other northern areas; *listed as endangered in VT and NY*

**I.D. Notes:** A unique form; dimorphic

**Sterile Leaflets:** Resembles the shape of a hand; *deeply cut into 4-7 blunt, finger-like lobes*; light green, thin, and smooth; upper surface slightly hairy; veins simple

**Rachis:** *A long, wiry, sinuous climbing structure that wraps itself around herbaceous plants and shrubs*; black at base, turning brownish to green above; round, shining; can grow 4' in length

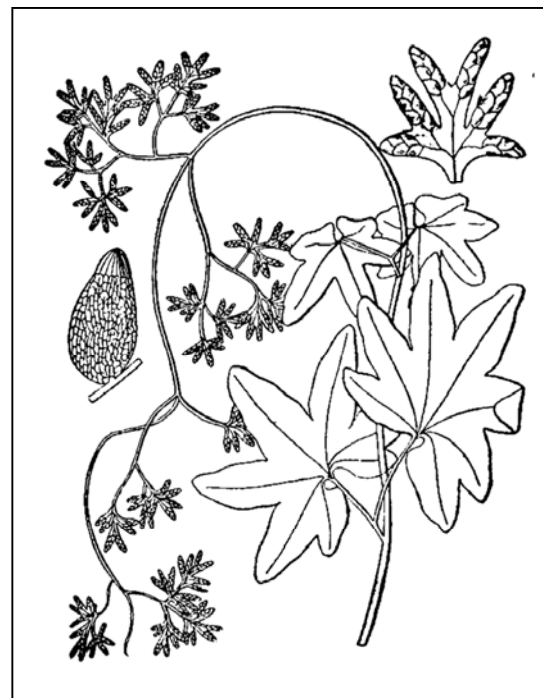
**Petiole:** Dark, hairy

**Fertile Leaflets:** *Borne only at top of vine*; much smaller; shriveled, especially when sori are fully mature; 5-7 narrow, blunt, finger-like lobes

**Sori:** Two parallel rows of spore cases, covered by scales and overlaid with *indusia-like growths of the leaf surface*

**Rootstock:** Creeping, branching; black; covered with dark reddish to black hairs

**Human Uses:** Unknown



Lygodium: (Greek)  
*lygodes*—flexible; referring to the rachis and its ability to climb

Palmatum: (Latin) palm-shaped; referring to the palmate shape of the leaf

**Native:** Yes  
**Evergreen:** Yes—sterile leaves last until the beginning of next years growth; No—fertile leaves wither in autumn



**A**

- A. Sterile (larger, hand-shaped) and fertile (smaller, lacy looking) leaves showing climbing habit
- B. Sterile leaves



**B**



## Ostrich Fern

### *Matteuccia struthiopteris*

**Habitat:** Found along the banks of streams and rivers, in wet woodlands, swamps, and in alluvium and sand deposits; generally in circumneutral substrates; FACW, usually found in wetlands (67%-99% of the time)

**Population Status:** Abundant; found throughout NE and NY

**Eco-indicator:** Rich, alluvial sites

**I.D. Notes:** Pinnate-pinnatifid; full taper; *strongly dimorphic*

**Sterile Leaf:** Very large, up to 5' +/- tall; *widest toward tip*; outline akin to an ostrich feather; dark green, growing in vase-like form; *blade tip abruptly tapered*

**Leaflets:** Narrow and long; veins simple; lobes closest to rachis sometimes point outward and crossing over the rachis; tips pointed

**Rachis:** Sparsely covered with hairs and/or scales; green; deeply grooved

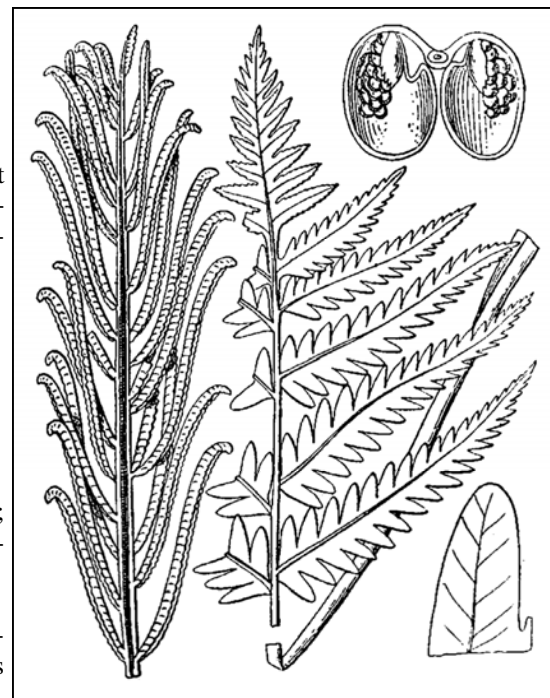
**Petiole:** Very stout; *deeply grooved; swollen at base*, dark purple-brown; much shorter than blade

**Fertile Leaf:** 24" tall when mature; appearing in summer, green at first, turning brown as sori develop; much shorter; stiff and hard, *persisting throughout the year*; leaflets appear shriveled up, with curled margin hiding sori

**Sori:** Positioned underneath rolled over margin; *without indusia*; *spores green (containing chloroplast) and dispersed the following spring*

**Rootstock:** Erect; densely covered with scales, projecting leaves in circular fashion; stolons from rootstock often reproduce 2-3 plantlets per year

**Human Uses:** Fiddleheads are collected in early spring and used like asparagus in a variety of dishes (see Appendix A: Ostrich Fern Fiddlehead Recipes). Well suited for moist, shaded to partially sunny gardens.



Matteuccia: named for Carlo Matteucci, an Italian electrophysiologist (1811-1863)

Struthiopteris: (Greek) *struthos*—ostrich, *pteris*—fern; referring to the leaf resembling an ostrich plume

**Native:** Yes  
**Evergreen:** No



A

J. Liira

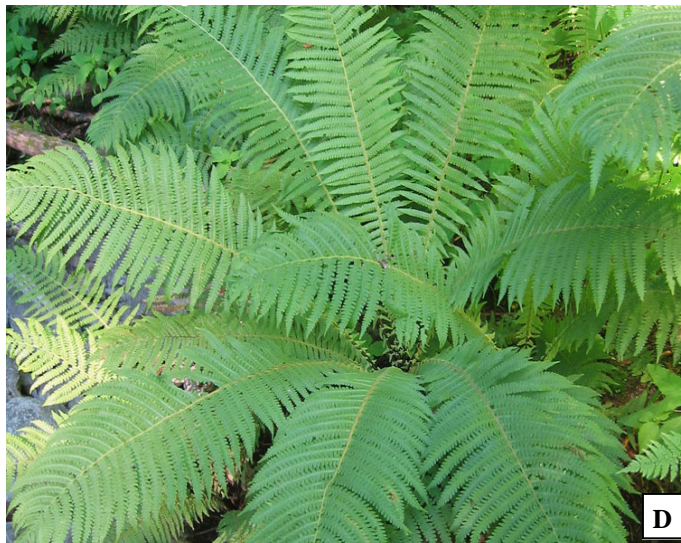


B

www.sakarikauppinen.com

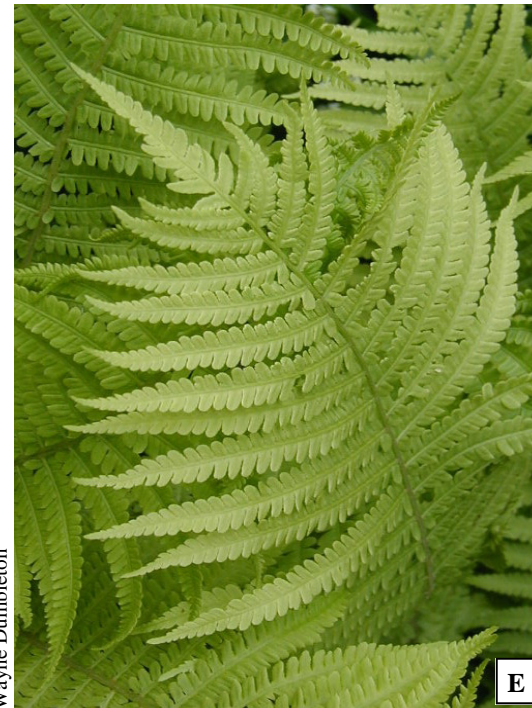


C



D

Jan Wesenberg



E

Wayne Dumbleton

- A. Unfurling fiddlehead
- B. Fertile leaf with curving leaflets
- C. Young whole plants
- D. Sterile leaves showing ostrich plume-like appearance
- E. Sterile leaf tip showing abrupt taper

## Sensitive Fern

### *Onoclea sensibilis*

**Habitat:** Full sun to shade; found on stream banks, woodland edges, meadows and along rock fences of damp to inundated, sub-acidic substrates; can form dense colonies; FACW, usually found in wetlands (67%-99% of the time)

**Population Status:** Abundant; found throughout NE and NY

**Eco-indicator:** Rich wetlands

**I.D. Notes:** Pinnatifid; widest at base; *strongly dimorphic*; can resemble *Woodwardia areolata*

**Sterile Leaf:** Up to 42" +/- tall; yellowish-green to pale green; triangular, broad

**Segments:** *Margin lobed, entire*; lowest pair stemmed to rachis, creating leaflets; upper pairs always winged to rachis; *lower leaflets opposite* and widest at middle, tapering toward rachis and leaflet tip; costae smooth or with cinnamon-colored hair; *veins prominently netted along rachis and costae*

**Rachis:** Smooth or with cinnamon colored hair; tan to yellow

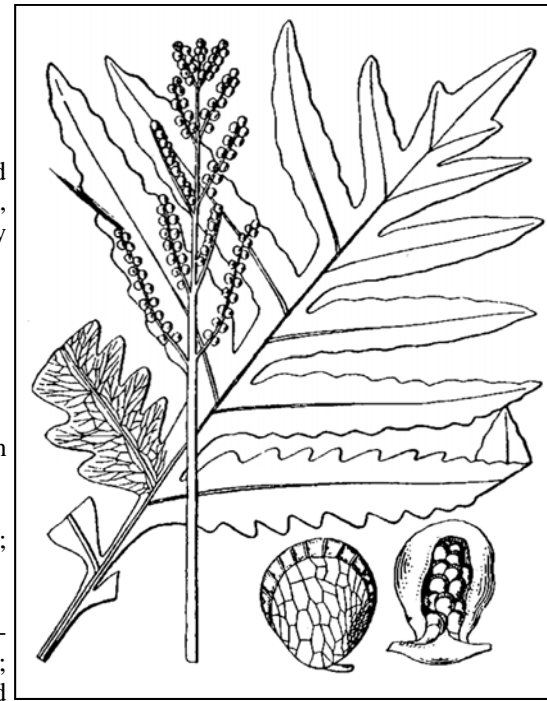
**Petiole:** Generally longer than leaf; base stout, brown, turning yellowish-green above; with few scales; generally longer than blade

**Fertile Leaf:** 12" +/- tall, 1" +/- wide when mature; upright to slightly arched; early growth green, with lobed, opposite leaflets, changing as it matures to a shriveled, curled form, with *vertical pointing clusters of dark brown, beaded leaflets*; persisting for a couple of seasons

**Sori:** Contained within the curled, bead-like structures; indusia small, hidden; *spores green (containing chloroplast) and dispersed the following spring*

**Rootstock:** Long creeping, sometimes forking; stout, thick; generally smooth

**Human Uses:** An infusion of the rootstock was used to treat pain following childbirth. A poultice of the plant was used to treat deep cuts.



Onoclea: (Greek) *onos*—vessel, *kleiein*—to close; referring to the beaded-like structures that enclose the sori

Sensibilis: (Latin) sensitive, referring to its quick death following hard frosts

**Native:** Yes

**Evergreen:** No—sterile leaf; Yes—fertile leaf





- A. Young fiddleheads
- B. Sterile leaf showing venation
- C. Developing fertile leaf with clustered sporangia
- D. Sterile leaf with leaflets and segments
- E. Young sterile leaf



## Cinnamon Fern

### *Osmunda cinnamomea*

**Habitat:** Shade to partial shade; in wet, acidic substrates; found on the edges of swamps and on hummocks within swamps, stream banks, and along pond and lake edges; FACW, usually found in wetlands (67%-99% of the time)

**Population Status:** Abundant; found throughout NE and NY; one of the most ubiquitous ferns of our area; can form seemingly impenetrable, jungle-like colonies—some of which can be a hundred or more years old

**Eco-indicator:** Acidic wetlands

**I.D. Notes:** Pinnate-pinnatifid; semi taper; *strongly dimorphic*; can resemble *Osmunda claytoniana* and *Woodwardia virginica*

**Sterile Leaf:** Up to 5' +/- tall; arching; dark green, leathery appearance; emanates from rootstock in circular, vase-like fashion; gradual taper toward tip

**Leaflets:** Pointed; *characteristic tuft of cinnamon-colored wool at axil of leaflets*; veins forked 1 to 3 times

**Rachis:** Green; sparsely covered with cinnamon-colored wool

**Petiole:** Green; densely covered with cinnamon-colored wool in spring, changing to a sparse covering once matured; round; stout; shorter than blade

**Fertile Leaf:** Located in the center of the sterile leaves; *first to appear in early spring*; develops fully and withers by late spring; green at first, turning bright rusty-red—very distinct

**Sori:** Large, clustered, short stemmed spore cases; spores green at first, turning cinnamon colored; without indusia

**Rootstock:** *Mat forming, typically exposed above ground*—moss-like appearance; very stout, bristly, rough to the touch; stubbly

**Human Uses:** A decoction of the root has been rubbed into affected joints as a treatment for rheumatism as well as used internally to treat headaches, joint pain, rheumatism, colds, and promote the flow of milk in a nursing mother. Well suited for moist, shaded to partially sunny gardens.



Osmunda: origin unknown, possibly (Latin) *os*—bone, *munda*—cure; referring to its use as a rickets remedy

Cinnamomea: (Latin) like cinnamon; referring to the cinnamon colored hair of the fiddleheads and young leaves

**Native:** Yes  
**Evergreen:** No



- A. Leathery, pointed sterile leaflets
- B. Woolly axils of leaflets
- C. Young fiddleheads: taller ones are fertile leaves and shorter ones are sterile leaves
- D. Whole plant showing cinnamon-colored fertile leaves

## Interrupted Fern

*Osmunda claytoniana*

**Habitat:** Shade to partial shade; commonly found along roadsides, woodlands edges, and on hummocks in swamps; can tolerate a wide range of soils and locations, but prefers substrates that are dry to damp over wet to swampy; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Abundant; found throughout NE and NY; one of the most ubiquitous ferns of our area; can form seemingly impenetrable, jungle-like colonies

**I.D. Notes:** Pinnate-pinnatifid; semi taper; dimorphic; can resemble *Osmunda cinnamomea*

**Sterile Leaf:** Up to 5' +/- tall; arching; emanates from rootstock in circular, vase-like fashion

**Leaflets:** Tapering to blunt tips; lobes overlapping; *veins uniformly forked*;

**Rachis:** Green; sparsely covered with woolly hair

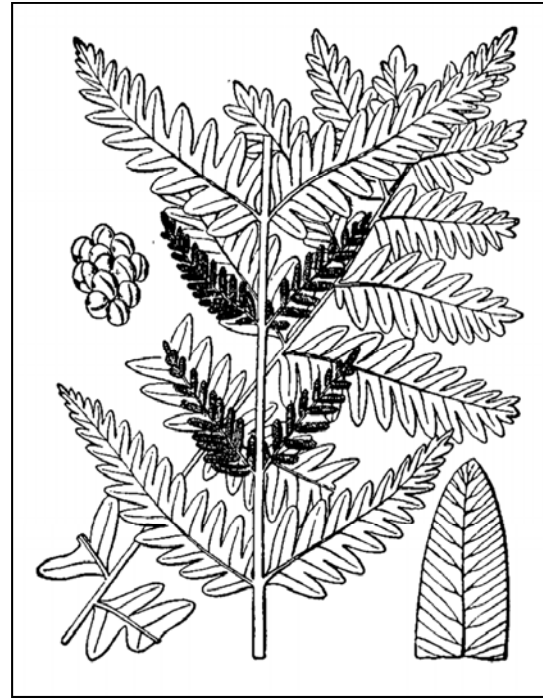
**Petiole:** Green; sparsely covered with woolly hair; round; stout; shorter than blade

**Fertile Leaf:** *Leaflets “interrupt” sterile leaf approximately half way up*; taller, more erect; leaflets below the “interruption” opposite and widely spaced

**Sori:** Large, clustered, short stemmed spore cases; spores green at first, turning brown; without indusia

**Rootstock:** *Mat forming, typically exposed above ground*—moss-like appearance; very stout, bristly, rough to the touch; stubbly

**Human Uses:** Roots were once used as a remedy for rickets. Well suited for moist, shaded to partially sunny gardens.



Osmunda: origin unknown, possibly (Latin) *os*—bone, *munda*—cure; referring to its use as a rickets remedy

Claytoniana: (Latin) named for John Clayton, an early American botanist (1693-1773)

**Native:** Yes  
**Evergreen:** No





- A. Fiddlehead and woolly petioles
- B. Early fertile leaves
- C. Fertile leaflet showing the clustered sporangia
- D. Sterile and "interrupted" fertile leaves



## Royal Fern

### *Osmunda regalis*

**Habitat:** Wet-loving, can tolerate growing in standing water; found along streams, in bogs, swamps, marshes, thickets, ditches, pastures, and meadows; OBL, occurs almost always in wetlands (>99% of the time)

**Population Status:** Common; reported throughout NE and NY; can form jungle like growth

**Eco-indicator:** Moderate wetlands

**I.D. Notes:** Bipinnate; semi-tapering; dimorphic

**Sterile Leaf:** Very distinct—resembling locust tree branches; can attain a height of 6' +/-; grows in dense clusters, with leaves overlapping one another

**Leaflets:** Clean and simple in appearance; tips blunt; costae yellowish-brown; leafules distinctly stemmed; *bases of leafules can be partially to strongly lobed to heart-shaped*; margin of leafules slightly serrated; *veins 1-3 times forked*

**Rachis:** Reddish-brown with greenish streaks; round, slender

**Petiole:** Reddish at base, turning straw-colored above; slender; shorter than blade, smooth

**Fertile Leaf:** *With distinct, brownish leaflets growing from leaf tip*; base of leaflets sometimes with blackish hairs

**Sori:** Large, clustered, short stemmed spore cases; spores green first, turning brown; without indusia

**Rootstock:** *Mat forming, typically exposed above ground*—moss-like appearance; very stout, bristly, rough to the touch; embedded deep in ground

**Human Uses:** Roots were once used as a remedy for rickets. The leaves were used to make compresses for external application of wounds and rheumatic joints. An infusion of the leaves, combined with wild ginger roots was used to treat children with intestinal worms. The hairs of the plant were mixed with wool to make clothes. The roots were once widely used for potting orchids and other epiphytes. Well suited for moist, shaded gardens.



Osmunda: origin unknown, possibly (Latin) *os*—bone, *munda*—cure; referring to its use as a rickets remedy

Regalis: (Latin) royal; referring to its stately appearance

**Native:** Yes  
**Evergreen:** No



- A. Fertile leaf showing fertile leaflets at tip
- B. Sterile leaflets showing varied cuts at bases of leaflets
- C. Unfurling fiddleheads
- D. Sterile leaf

## Purple Cliff Brake

*Pellaea atropurpurea*

**Habitat:** Found on dry, exposed limestone outcroppings, cliffs, and talus slopes; also found on other rock types, including granite, shale, and sandstone; *rarely terrestrial*

**Population Status:** Rare; local populations reported throughout NY and western VT, CT, and MA; *listed as endangered in RI; absent from NH and ME*

**I.D. Notes:** Pinnate or bipinnate; widest at base; slightly dimorphic

**Sterile Leaf:** Up to 16" tall +/-; *leathery texture*; cut is variable; dull bluish-green

**Leaflets:** Shape and sizes vary from bottom of blade toward tip; *generally broadest at base and triangular*; sometimes with Christmas-stockings-like shape; *margin curled*; sometimes tilted horizontal to rachis; veins forked

**Rachis:** Dark purplish-brown; generally covered with whitish hairs

**Petiole:** Usually half the length of the blade; dark purplish-brown, powdery, with hairs; wiry

**Fertile Leaf:** Typically taller, more divided; leaflets with curled margin

**Sori:** Positioned underneath curled margin; *without indusia*

**Rootstock:** Short, erect or slightly creeping; densely covered with brown scales

**Human Uses:** Unknown



Pellaea: (Greek) *pellos*—dusky; referring to the dull, bluish-gray leaflets

Atropurpurea: (Latin) *atropurpureus*—dark purple; referring to the color of the rachis

**Native:** Yes

**Evergreen:** Yes





Dan Tenaglia



Arthur Haines



Dan Tenaglia



- A. Whole plant
- B. Whole plant showing varied cut from lower leaflets toward leaf tip
- C. Purple rachis with whitish hairs
- D. Fertile leaflets with curved margin covering sori



## Long Beech Fern

*Phegopteris connectilis*

**Habitat:** Semi-shade to shade; commonly found as small colonies in moist, rich substrates of stream banks and woodlands; also favors ravines and moist, acidic substrates on cliffs; sometimes occurring under waterfalls; found in herbaceous snow bank communities within the alpine zone

**Population Status:** Common throughout NE and NY, except for RI, where it's listed as *threatened*

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Up to 14" +/- tall; greenish-yellow; arching backward; rapidly tapers toward tip; soft and velvety to the touch

**Leaflets:** *Lowest pair stemmed to rachis, pointing outward and downward, tapering toward rachis and leaflet tip; all other leaflets winged to rachis; lower tips of leaflets pointed, upper tips blunted; costae and midveins hairy, with many scales; lobe margin wavy; veins forked*

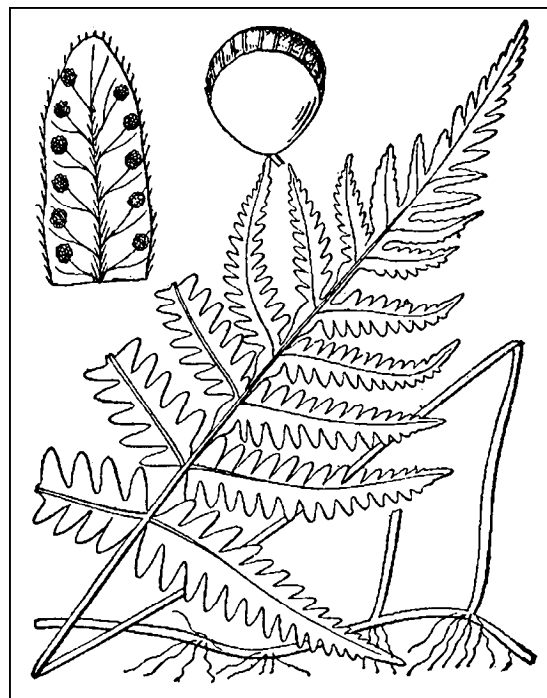
**Rachis:** Green, densely scaled and hairy above and beneath

**Petiole:** Variable in length, though generally longer than blade; densely scaled and hairy

**Rootstock:** Creeping and branching; black, with scales

**Sori:** Located near margin in parallel rows; without indusia

**Human Uses:** Well suited for massing and under-planting in partially shaded gardens.



Phegopteris: (Greek)  
*phegos*—beech, *pteris*—fern;  
referring to ferns growing  
under beech trees

Connectilis: (Latin)  
*connectens*—to fasten to-  
gether; referring to the upper  
leaflets being connected

**Native:** Yes  
**Evergreen:** No



John Maunder



John Maunder



- A. Sterile leaf
- B. Young leaves
- C. Fertile leaflets showing hairy rachis and costa

## Broad Beech Fern

*Phegopteris hexagonoptera*

**Habitat:** Found in sunny to shaded, open areas of rocky woodlands; in moist to dry, rich to moderately acidic substrates; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Fairly common throughout NE and NY; absent in northern ME

**I.D. Notes:** Pinnate-pinnatifid; widest at base; monomorphic

**Leaf:** Light green; arching backward; rapidly tapers toward tip; *distinctly broad*—up to 16" +/-; has sweet odor when lightly pressed

**Leaflets:** *All winged to rachis*; costae and midveins slightly hairy; lowest pair distinctly large and widest at middle, tapering toward rachis and leaflet tip; pointed; margin of lobes serrated into blunt teeth; veins forked

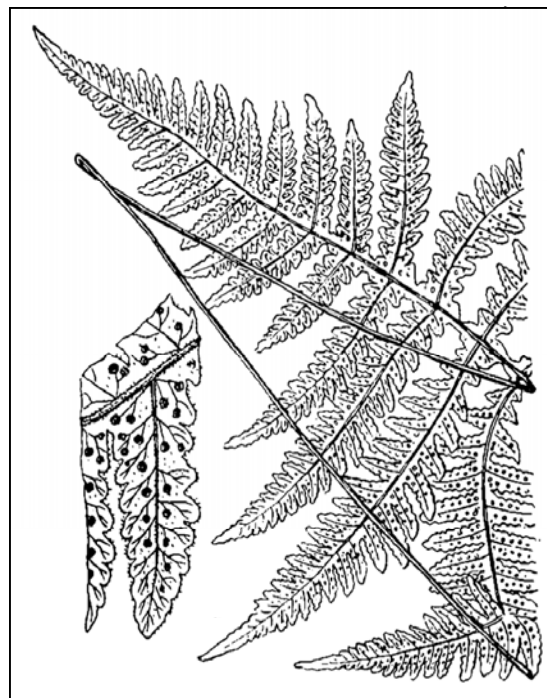
**Rachis:** Green to straw-colored, with whitish scales; winged throughout

**Petiole:** Reddish-brown at base, turning straw-colored above; base with few tan scales and hairs; longer than blade

**Rootstock:** Long creeping and branching; very scaly; black

**Sori:** Small; located at margin; *without indusia*

**Human Uses:** Well suited for massing and under-planting in partially shaded gardens.



Phegopteris: (Greek)  
*phegos*—beech, *pteris*—fern;  
referring to ferns growing  
under beech trees

Hexagonoptera: (Greek)  
*hexagonos*—six sided; refer-  
ring to the angular winged  
rachis

**Native:** Yes  
**Evergreen:** No



- A. Whole plant
- B. Whole plant showing distinctly larger lower leaflets with a double taper
- C. Fertile leaflets with sori

Robbin Moran



Jean Everett





## Appalachian Polypody

*Polypodium appalachianum*

**Habitat:** Shade to semi-shade to sun; most commonly found forming dense mats atop debris laden boulders, in crevices, and on cliffs, ledges, and rocky slopes of various rock types

**Population Status:** Fairly common; found throughout NE and NY

**I.D. Notes:** Pinnatifid; widest at base or semi taper; monomorphic; can resemble *Polypodium virginianum*

**Leaf:** Up to 1' +/- tall; leathery, light to dark green; tapering to pointed tip; widest toward or at the base

**Segments:** Uniformly spaced in alternating fashion; *slightly tapering to narrowed tips*; veins forked

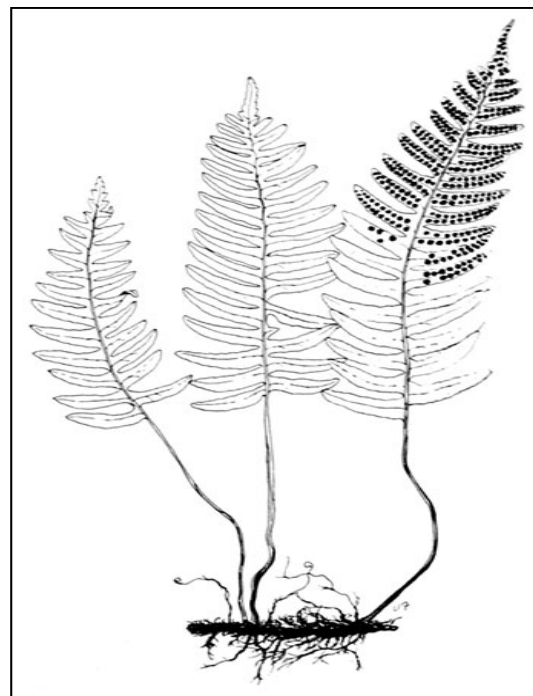
**Rachis:** Straw-colored; *distinctly raised, sits on front of blade*; smooth, round

**Petiole:** Shorter than blade; round and smooth; scales golden brown

**Rootstock:** Creeping along horizontal plane; *covered with golden-brown scales*

**Sori:** Round, rather large relative to segments; in two parallel rows; without indusia

**Human Uses:** Well suited for a shaded rock garden and for indoor plantings.



V. Fulford from Ferns and Fern Allies of Canada, William J. Cody and Donald M. Britton, 1989, © Agriculture Canada

**Polypodium:** (Greek) *polys*—many, *podion*—foot; referring to the “footprints” left on the rootstock where petioles have fallen off

**Appalachianum:** (Latin) of the Appalachians; referring to where the species is found

**Native:** Yes  
**Evergreen:** Yes



A

Robbin Moran



B

John Maunder



C

A. Murray Evans

- A. Whole plant showing narrowed tips of segments
- B. Fertile segments with mature (rusty colored) and developing (yellow colored) sori
- C. Whole plant

## Rock Polypody

### *Polypodium virginianum*

**Habitat:** Shade to semi-shade to sun; most commonly found forming dense mats atop debris laden boulders, in crevices, and on cliffs, ledges and rocky slopes of various rock types; also found on decaying stumps and logs

**Population Status:** Abundant; reported throughout NE and NY

**I.D. Notes:** Pinnatifid; semi taper; monomorphic; can resemble *Polypodium appalachianum*

**Leaf:** Up to 1' +/- tall; light to dark green; leathery; tapers to pointed tip; widest toward middle

**Segments:** Tips sometimes with rounded teeth; *uniformly spaced in alternating fashion*; can have variable growth forms that include cut margin and shaggy appearance; costae purplish; veins forked

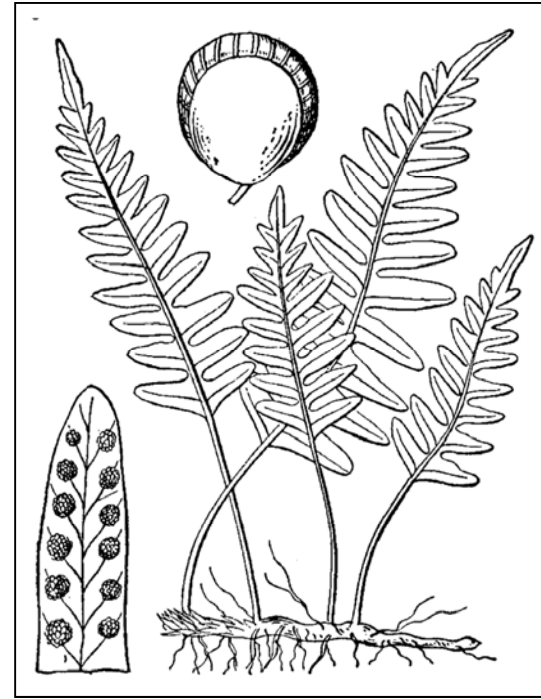
**Rachis:** Straw-colored; *distinctly raised, sits on upper surface of blade*; smooth, round

**Petiole:** Shorter than blade; round and smooth; scales dark brown

**Rootstock:** Creeping along horizontal plane; *covered with both light and dark brown scales*

**Sori:** Round, large relative to segments; in two parallel rows; without indusia

**Human Uses:** In European herbal medicine it was traditionally used as a treatment for hepatitis and jaundice and as a remedy for indigestion. A tea made from the rootstock was used to treat pleurisy, hives, sore throats, and stomach aches. It was also considered beneficial for lung ailments and liver diseases. Well suited for a shaded rock garden and for indoor plantings.



**Polypodium:** (Greek) *polys*—many, *podion*—foot; referring to the “footprints” left on the rootstock where petioles have fallen off

**Virginianum:** (Latin) of Virginia; referring to the source of the specimens Carolus Linnaeus described

**Native:** Yes  
**Evergreen:** Yes





- A. Fertile segments with paired sori
- B. Whole plant
- C. Sterile leaf with raised rachis on upper surface



## Christmas Fern

### *Polystichum acrostichoides*

**Habitat:** Found in a variety of shaded habitats, including forested stream banks, moist forested slopes, along stone fences, and gulches; tolerant of acidic to neutral soils

**Population Status:** Abundant in central and southern NE and throughout NY; less common in northern ME

**I.D. Notes:** Pinnate; semi taper; dimorphic

**Sterile Leaf:** Up to 3' +/- tall; leathery, coarse in appearance and touch; tapering to blunt point

**Leaflets:** Generally widest at base, with *Christmas-stock-like appearance*; margin finely serrated, and bristle tipped; sometimes with variable forms, such that leaflets are twisted, deeply cut or widest at tip; veins forked

**Rachis:** Scaly; grooved in front; green

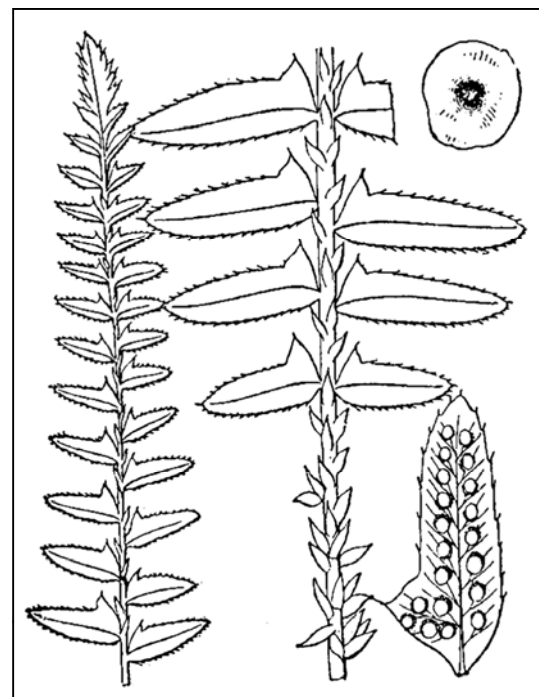
**Petiole:** Shorter than blade; densely scaled; *base swollen*, brown, turning green above

**Fertile Leaf:** Taller and more erect

**Sori:** Densely covers entire undersides; indusia circular, attached at center

**Rootstock:** Creeping to slightly erect; densely scaled; usually with withered leaves attached

**Human Uses:** Used by early New England settlers as a Christmas decoration. Well suited for use in a moist, shaded garden.



Polystichum: (Greek) *poly*—many, *stichos*—row; referring to the several parallel rows of sori

Acrostichoides: (Latin) resembling *Acrostichum* (a genus of ferns found in the tropics)—referring to its many rows of sori

**Native:** Yes  
**Evergreen:** Yes



- Susan Farmer
- A. Serrated margin variation
  - B. Christmas-stock-like shape of leaflets
  - C. Crisped margin variation
  - D. Sterile leaf
  - E. Fiddlehead
  - F. Fertile leaflets with sori covering entire underside

## Braun's Holly Fern

### *Polystichum braunii*

**Habitat:** Shade loving; found on circumneutral soils of northern locations; in cool, rich, moist rocky woodlands, ravines, and along streams

**Population Status:** Uncommon in NY, MA, VT, NH, and ME; absent from CT and RI; *listed as endangered in MA*

**I.D. Notes:** Bipinnate; full taper; monomorphic

**Leaf:** Up to 3' +/- tall; *coarse, thick, shiny; leathery in appearance and touch*; narrow; some leaves of previous year withered and prostrate; yellowish green to olive green

**Leaflets:** Shiny; upper pairs pointed at tips, lower pairs blunt; spaced close, sometimes overlapping; *leafules bristle tipped and hairy on upper surface*; veins forked

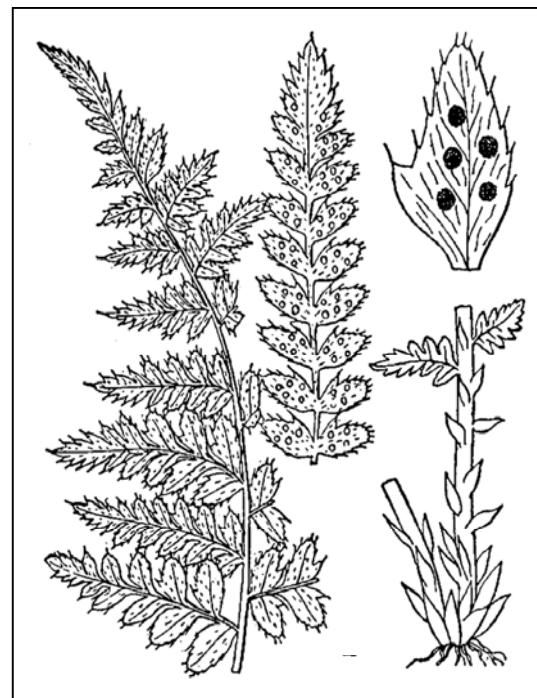
**Rachis:** Grooved; light brown; densely scaled

**Petiole:** Shorter than blade; stout; densely covered with brown scales and pale tan hairs

**Rootstock:** Erect, stout; very scaly; *leaves emanate in circular fashion*

**Sori:** Small, circular; located near midvein, in two parallel rows; *indusia circular, with wavy margin*

**Human Uses:** Well suited for a shaded rock garden.



Polystichum: (Greek) *polys*—many, *stichos*—rows; referring to the parallel rows of sori

Braunii: (Latin) named for Alexander Braun, a German botanist (1805-1877)

**Native:** Yes

**Evergreen:** Semi





- A. Hairy leaflets and rachis
- B. Fertile leaf with sori and scaled rachis
- C. Circular rootstock with curled up fiddleheads
- D. Sterile leaf
- E. Unfurling young leaves

J. Liira



## Western Bracken Fern

*Pteridium aquilinum*

**Habitat:** Widespread; sun-loving to partial shade; found in dry, poor soils of trail and woodland edges, abandoned fields, waste places, thickets, and burned areas

**Population Status:** Abundant; most common of all the ferns; spread throughout NE and NY, capable of forming massive colonies

**Eco-indicator:** Dry, poor, coarse soils

**I.D. Notes:** Bipinnate-pinnatifid to tripinnate; widest at base; monomorphic

**Leaf:** Up to 3' +/- tall; *divided along rachis into three broadly triangular parts (1 larger, 2 smaller)*; arching backward, sometimes becoming parallel with ground; becomes increasingly leathery as the growing season progresses; easily damaged by frost

**Leaflets:** *Variable in shape and cut*, especially toward tips; tips distinctly narrow, blunt; costae sometimes with wool-like hair; veins forked

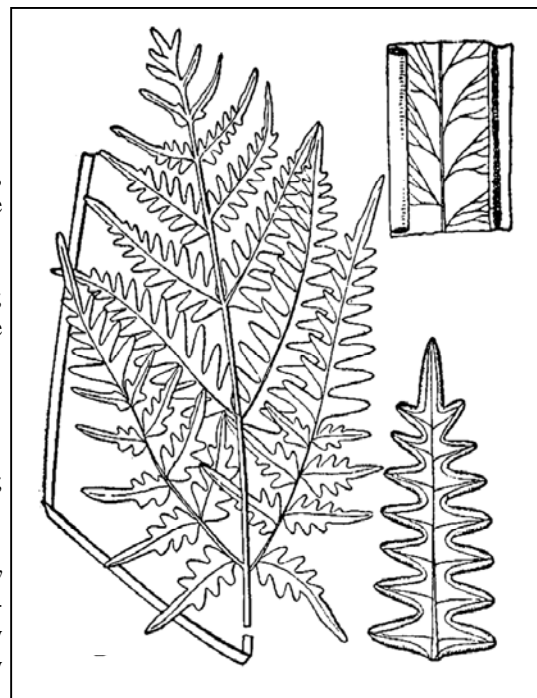
**Rachis:** Green; grooved; slightly hairy

**Petiole:** Greenish when young, turning dark brownish-red with age; rigid, stout; equal to or longer than blade

**Rootstock:** Very long creeping and branching; can extend up to 15' +/- in length, and 10' +/- deep; up to 1" +/- thick; sometimes hairy

**Sori:** Forms a *continuous outline along slightly curled margin*; silvery first, turning rusty-brown; indusia formed by curled margin

**Human Uses:** The blades were used in steam baths as a treatment for arthritis. A decoction of the fern was used in the treatment of tuberculosis. A tincture of the rootstock in wine is used in the treatment of rheumatism. A tea made from the rootstock is used in the treatment of stomach cramps, chest pains, internal bleeding, diarrhea, colds and to expel worms. A poultice of the root is applied to sores, and burns. A glue can be made from the rootstock. A brown dye can be made from the leaves. The whole fern is an excellent addition to the compost heap; it is rich in potash and makes an excellent mulch for tree seeds.



Pteridium: (Greek) *ptēris*—fern

Aquilinum: (Latin): *aquilus*—eagle-like; perhaps referring to the talon-like shape of the unfurling fiddle-head

**Native:** Yes  
**Evergreen:** No



- A. Unfurling fiddleheads
- B. Fertile leaflets with sori along margin
- C. Leaf showing variable cut
- D. Sterile leaf showing division into 3 leaves

## Little Curly Grass Fern

*Schizaea pusilla*

**Habitat:** Found in wet, acidic substrates of swamps and bogs, particularly *cedar swamps*; *OBL*, occurring always in wetlands (>99% of the time)

**Population Status:** Very rare; only found on Long Island, NY; listed as *endangered in NY*

**I.D. Notes:** A unique form; dimorphic

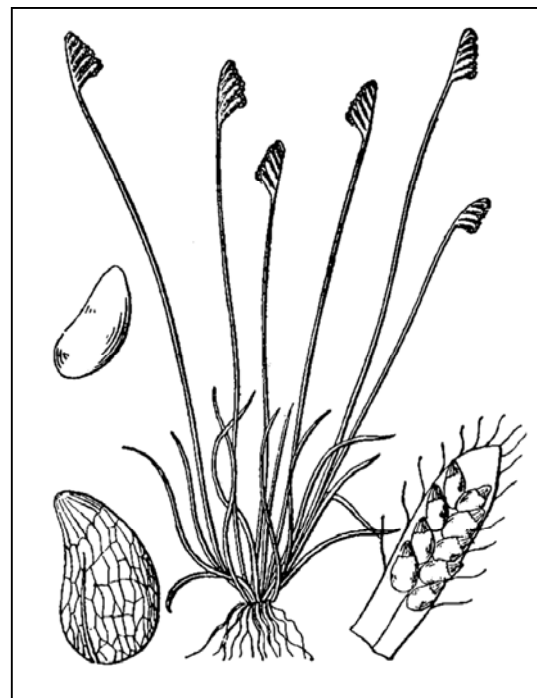
**Sterile Leaf:** Appearing as “curly grass”; wiry, twisted; dense at base; up to 2” +/- tall; pale green; *margin slightly paler and thicker*

**Fertile Leaf:** Taller, although generally not exceeding 6” +/-; erect; *with folded leaflets*; green when young, turning brown; petiole slightly grooved

**Sori:** In two parallel rows, covering entire underside

**Rootstock:** Erect, slender; dark; sparsely hairy

**Human Uses:** Unknown



Schizaea: (Greek) *skizein*—to split; referring to the blades being split into narrow lobes

Pusilla: (Latin): very small; referring to the size of the leaves

**Native:** Yes  
**Evergreen:** Yes



Robbin Moran

- A. Sterile leaf appearing as “curly grass”
- B. Fertile leaf with folded leaflets at apex



Jim Stasz



## New York Fern

*Thelypteris noveboracensis*

**Habitat:** Found in sunny to shaded spots of woodlands, thickets, and the drier edges of swamps; grows in moist, moderately acidic to humus rich substrates; sometimes forming colonies in sunlit canopy gaps; FAC, equally found in wetlands and non-wetlands (34%-66% of the time)

**Population Status:** Abundant; reported throughout NE and NY, except in northern ME

**I.D. notes:** Pinnate-pinnatifid; *full taper*; monomorphic

**Leaf:** Up to 2' +/- tall; yellowish-green; lacy appearance; *grows in tufts along creeping rootstock*; widest at middle

**Leaflets:** *Long, tapering to blunt point*; lower pairs miniature relative to upper sets; hairy beneath; veins mostly simple, rarely forked

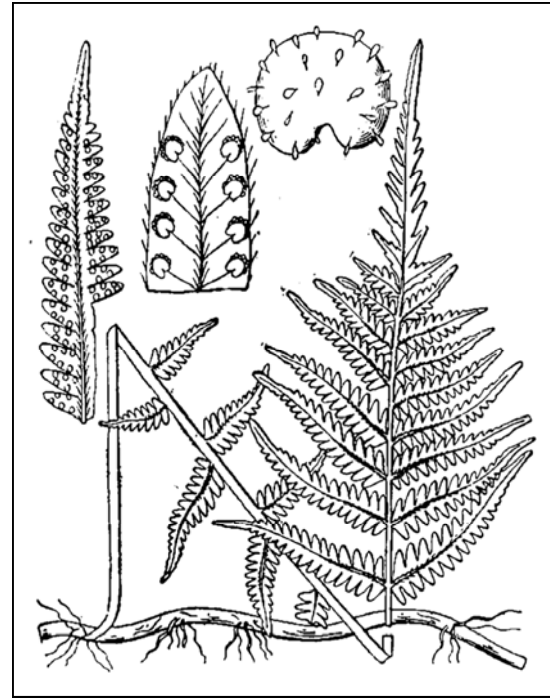
**Rachis:** Pale green to straw-colored; *covered with whitish hair*

**Petiole:** Thin, covered with hairs; base black turning to brownish-red to straw-colored above; base sparsely scaled

**Rootstock:** Black to dark brown; widely creeping and branched; sparsely scaled

**Sori:** Few, located near margin; orangey-brown; *indusia slightly hairy*

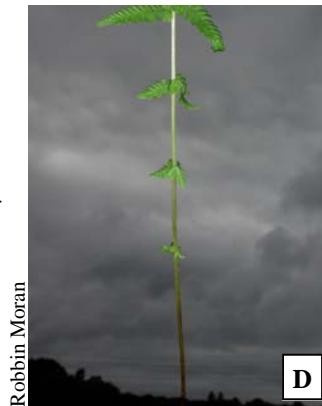
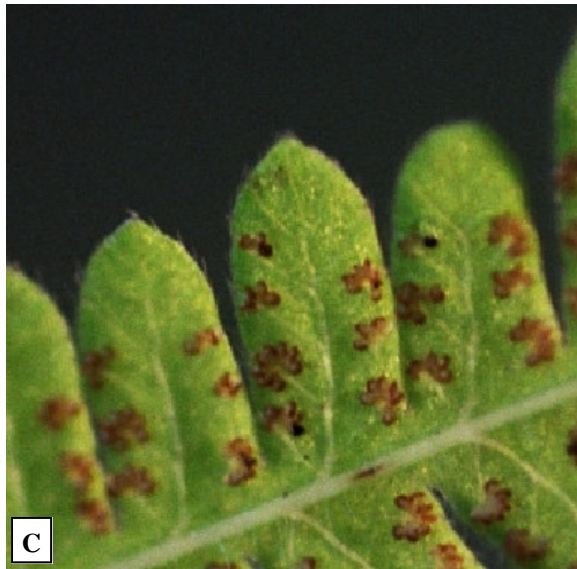
**Human Uses:** Well suited for massing and under-planting in partially shaded gardens.



Thelypteris: (Greek) *thelus*—female, *pterus*—fern

Noveboracensis (Latin): of New York

**Native:** Yes  
**Evergreen:** No



- A. Sterile leaflets
- B. Tips of sterile leaflets showing taper
- C. Fertile leaflet with developing sori
- D. Lower leaf showing full taper of leaflets
- E. Whole plant

Robbin Moran

Robbin Moran

## Eastern Marsh Fern

*Thelypteris palustris*

**Habitat:** Sun to partial shade; found in rich, clayey substrates of meadows, disturbed woodlands, marshes, swamps, bogs, ditches, and along stream banks; FACW+, usually more frequently found in wetlands (67%-99% of the time)

**Population Status:** Abundant; reported throughout NE and NY; forms dense colonies that track the sun's movement

**I.D. Notes:** Pinnate-pinnatifid; semi taper; *dimorphic*; can resemble *Thelypteris simulata*

**Sterile Leaf:** Up to 3' +/- tall; pale green; delicate in appearance; tapers to pointed tip; twisting-like appearance

**Leaflets:** Lower pairs horizontal to rachis; wavy, curved; *slightly swollen at base of costae*; widest at rachis; *veins forked*

**Rachis:** Pale green to purplish-green; smooth and slender; grooved

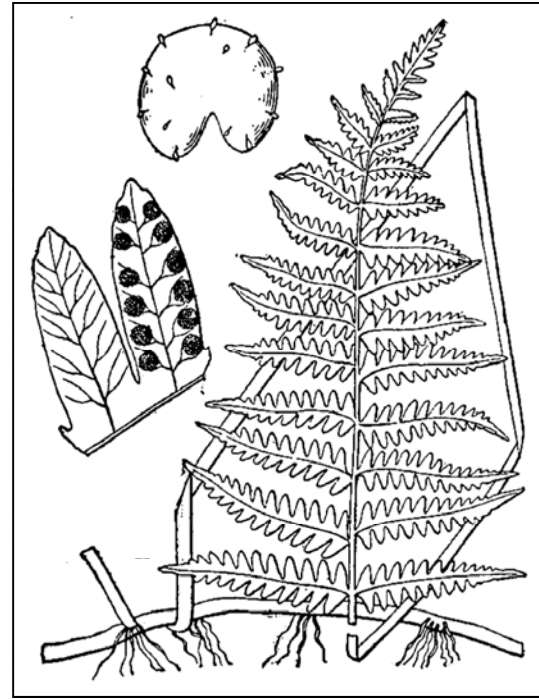
**Petiole:** Purplish-black at base, turning greenish above, with some dark purplish splotches; longer than leaf; smooth and slender

**Fertile Leaf:** Much taller, *with margin curled over sori*; rachis rusty red; leaflets becoming leathery

**Sori:** Numerous, forming parallel row along midvein; *indusia narrow, generally hairy*

**Rootstock:** Long creeping; leaves emanate in closely spaced clumps, with distinct gaps between; scales brown, thin

**Human Uses:** Unknown



Thelypteris: (Greek) *thelus*—female, *pterus*—fern

Palustris (Latin): swampy; referring to the preferred habitat of the species

**Native:** Yes  
**Evergreen:** No





- A. Sterile leaflets showing swollen base of costae
- B. Fertile leaf with sori
- C. Unfurling young leaf
- D. Sterile leaf



## Bog Fern

*Thelypteris simulata*

**Habitat:** Found in acidic swamps and bogs, often growing with sphagnum mosses; in moist to wet shaded woodlands; FACW, found in wetlands (67%-99% of the time)

**Population Status:** Uncommon in northern NE and NY, becoming more common in MA, CT, and RI

**I.D. Notes:** Pinnate-pinnatifid; semi taper; *monomorphic*; can resemble *Thelypteris palustris*

**Leaf:** Up to 2' +/- tall; yellowish-green; tapers to pointed tip

**Leaflets:** Lower pairs horizontal to rachis; lowest pair widest at middle, tapering toward rachis and leaflet tip; *veins simple*

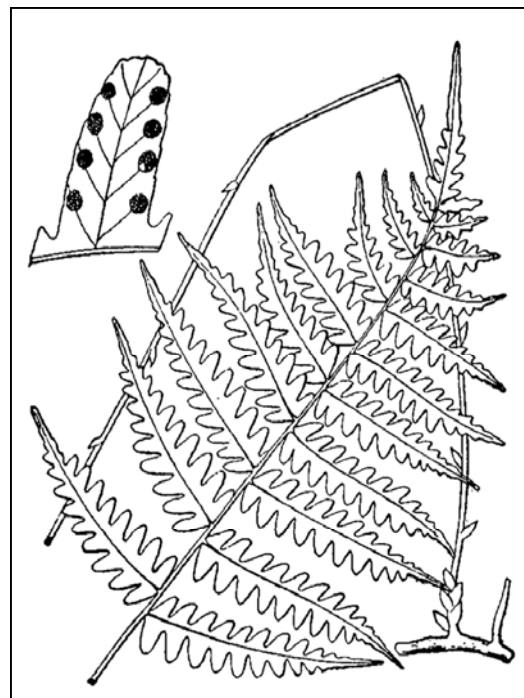
**Rachis:** Green; slightly hairy

**Petiole:** Light brown at base, turning yellowish-green above; shorter than blade; base sparsely scaled

**Rootstock:** Creeping; black with light brown scales; slender

**Sori:** Small, round; *indusia curved, with yellowish-orange glands*

**Human Uses:** Unknown



Thelypteris: (Greek) *thelus*—female, *ptēris*—fern

Simulata (Latin): resembling; referring to the resemblance of this species with other ferns, especially *T. palustris*

**Native:** Yes  
**Evergreen:** No



A

Gary Fewless



B

Janet Novak



C

Janet Novak

- A. Sterile leaflets showing simple venation
- B. Whole plant
- C. Fertile leaflets with developing sori

## Alpine Woodsia

*Woodsia alpina*

**Habitat:** *At higher elevations*, in cool, damp crevices of limestone or calcareous slates and on talus slopes; in sun or shade

**Population Status:** Very rare; found only in northern ME, NH, VT and NY; *listed as threatened in ME and endangered in VT and NY*

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Stiff, erect; very narrow—up to ½” +/- wide and short—up to 8” +/- tall; blunt tipped

**Leaflets:** Blunt, generally cut into 5 lobes; smooth above and scaled and hairy beneath; triangular; *veins forked, not reaching margin; vein tips sometimes swollen*

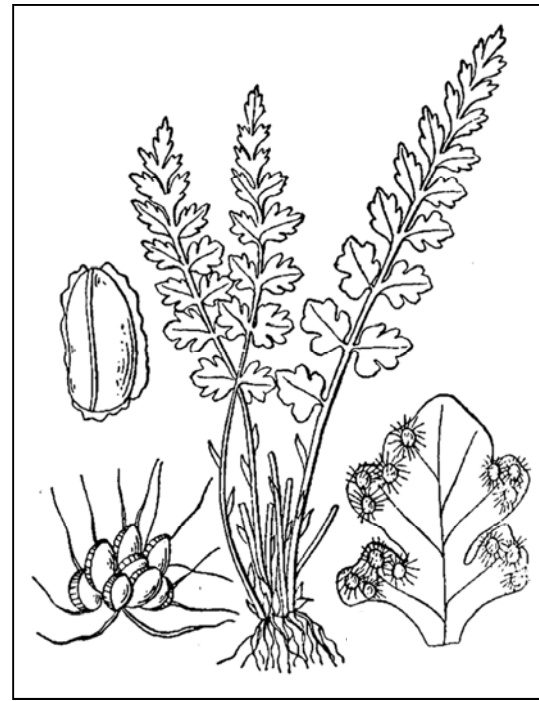
**Rachis:** Green; few hairs and scales; grooved

**Petiole:** *Jointed*—petioles broken at joint create stubbly appearance; short; *brown base turning greenish-yellow above; slightly scaled and slightly hairy*

**Rootstock:** Erect; small, with brown scales

**Sori:** Located at margin; small, indusia located beneath sori, *with many whitish hair-like structures radiating from center and surrounding sori*

**Human Uses:** Unknown



Woodsia: named for Joseph Woods, an English Botanist (1776-1864)

Alpina: (Latin) *alpinus*—of the Alps; referring to the mountain habitats this fern is found in

**Native:** Yes  
**Evergreen:** Yes





Carl Farmer



Carl Farmer

- A. Whole plant in limestone crevice
- B. Fertile leaflets with hairs radiating from sori
- C. Leaf showing grooved, hairy and scaled rachis



Carl Farmer



## Smooth Woodsia

### *Woodsia glabella*

**Habitat:** Found in northern regions, at higher elevations, in shaded limestone crevices of cliffs and rocky banks

**Population Status:** Very rare; reported in northern NY, NH and ME; scattered in VT; absent from MA, CT and RI; *listed as threatened in ME and endangered in NH and NY*

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Tiny, narrow— $\frac{1}{2}$ " +/- wide and 6" +/- tall; pointed; light green; fragile

**Leaflets:** Circular to triangular shaped; generally cut into 2-3 lobes; lower pairs distinctly spaced, becoming more closely spaced toward leaf tip; blunt; *veins forked, not reaching margin; vein tips generally not swollen*

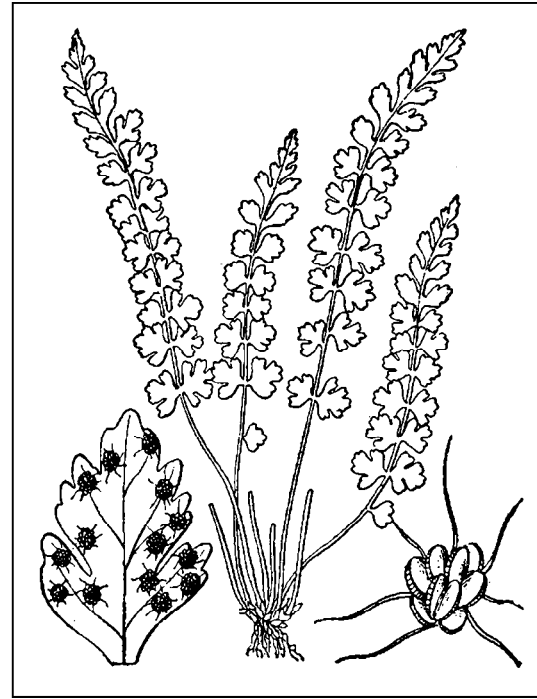
**Rachis:** Green; smooth

**Petiole:** *Pale green; smooth*; much shorter than blade; *jointed*—petioles broken at joint create stubbly appearance

**Rootstock:** Very small; erect, with brownish scales

**Sori:** Small; located near margin; indusia small, located beneath sori, *with few long hairs radiating from the center*

**Human Uses:** Unknown



Woodsia: named for Joseph Woods, an English Botanist (1776-1864)

Glabella (Latin): smooth; referring to the absence of hairs and scales

**Native:** Yes  
**Evergreen:** No



A

Rene Charest



B

Arthur Haines

- A. Whole plant
- B. Whole plant in limestone crevice
- C. Fertile leaf
- D. Close up of fertile leaflets with hairy sori



Anna-Lena Anderberg

C



Susan Aiken/Michelle LeBlanc

D

## Rusty Woodsia

### *Woodsia ilvensis*

**Habitat:** Sun-loving; found in northern, in acidic substrates on exposed ledges and cliffs; also found in well drained, moist soils of rock crevices; absent from limestone

**Population Status:** Common, widely dispersed throughout NE and NY

**I.D. Notes:** Pinnate-pinnatifid; semi taper; monomorphic

**Leaf:** Stiff, erect, and narrow—up to 1" +/- wide and 10" +/- tall; tips blunt or pointed

**Leaflets:** Blunt; *undersides woolly—with silvery white hairs and scales that turn “rusty” red throughout the growing season*; margin generally curled over, forming a hairy lip; *veins forked, not reaching margin; vein tips swollen*

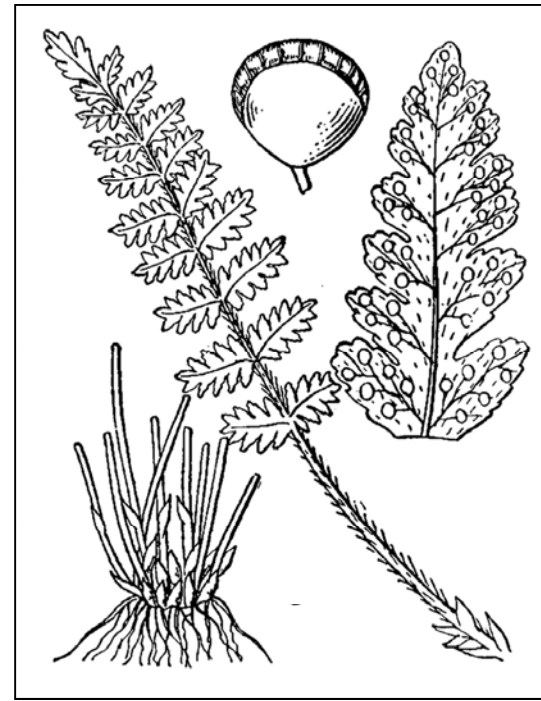
**Rachis:** Green; densely hairy and scaled

**Petiole:** *Jointed*—petioles broken at joint create stubby appearance; *brownish below, turning green above*; brittle; shining, with hairs and scales

**Rootstock:** Black to dark brown; erect with many brown scales

**Sori:** Located under curled margin and well hidden by scales and hair; indusia small, located beneath sori, *with many hair-like structures radiating from margin*

**Human Uses:** Well suited for a sunny rock garden.



Woodsia: named for Joseph Woods, an English Botanist (1776-1864)

Ilvensis: (Latin) refers to the Mediterranean island Elba

**Native:** Yes  
**Evergreen:** Yes





Arthur Haines



John Maunder



Janet Novak



John Maunder



Gary fewless

- A. Whole plant on an exposed cliff
- B. Young leaves showing whitish wool on undersides of leaflets
- C. Older leaves densely covered with "rusty" wool
- D. Sterile leaves
- E. Fertile lobe with sori covered by scales and hair



## Blunt Lobe Cliff Fern

*Woodsia obtusa*

**Habitat:** Limestone loving, but does tolerate granite substrates; found on shaded ledges and cliffs, dry to moist woodlands, and along rocky banks

**Population Status:** Most common *Woodsia* in MA, CT, RI, NY and VT; rare in northern areas of NH and ME; *listed as threatened in ME and endangered in NH*

**I.D. Notes:** Bipinnate; semi-tapering; monomorphic

**Leaf:** Up to 2' +/- tall; erect, slightly arched

**Leaflets:** Widely spaced, especially at base of rachis; *glandular on upper and lower surfaces and along the costae*; tips rounded, blunt; lowest pair distinctly smaller and triangular; margin of leaflets serrated; *veins forked, not reaching margin; vein tips often swollen*

**Rachis:** Pale yellow to brown; *mushroom-like glands* and scaled

**Petiole:** *Dark orange at base, turning pale yellow above*; densely scaled and hairy; brittle—broken off petioles (at various heights) persist and create stubby appearance; some scales reddish-brown with dark centers

**Rootstock:** Short, dark brownish-black; erect; scaly

**Sori:** In rows scattered along margin; becoming closer together as sori mature; indusia located beneath the sori, *with 5-6 glandular flaps forming star-like structure*

**Human Uses:** Unknown



Woodsia: named for Joseph Woods, an English Botanist (1776-1864)

Obtusa: (Latin) *obtusus*—blunt; referring to the blunt tips of leaflets

**Native:** Yes  
**Evergreen:** Yes

Kitty Kohout



B



A

Janet Novak

- A. Leaves showing erect posture and horizontal leaflets
- B. Fertile leaflet with whitish indusia flaps and showing glandular rachis
- C. Whole plant

Thomas Barnes



C

## Netted Chain Fern

*Woodwardia areolata*

**Habitat:** Shade and sun loving; found in bogs, swamps and wet woodlands, often rooted in mud; *most common along the coast*; survives in very acidic to circumneutral to sub-alkaline substrates; FACW+, usually more frequently found in wetlands than not (67%-99% of the time)

**Population Status:** Found along NE coastal plain; in southeastern NY; rare in southern ME, NH, and western MA; *listed as endangered in NH*

**I.D. Notes:** Pinnatifid; semi taper; *strongly dimorphic*; can resemble *Onoclea sensibilis*

**Sterile Leaf:** Up to 2'+/- tall; twisting and arching; tip pointed; shiny

**Segments:** Lowest pair usually stemmed, creating leaflets that are *distinctly alternate and tilting horizontal to rachis*; narrow, with wavy, *finely serrated margin*; veins netted, especially at costae

**Rachis:** *Slightly scaled on underside*, olive-green to straw-colored

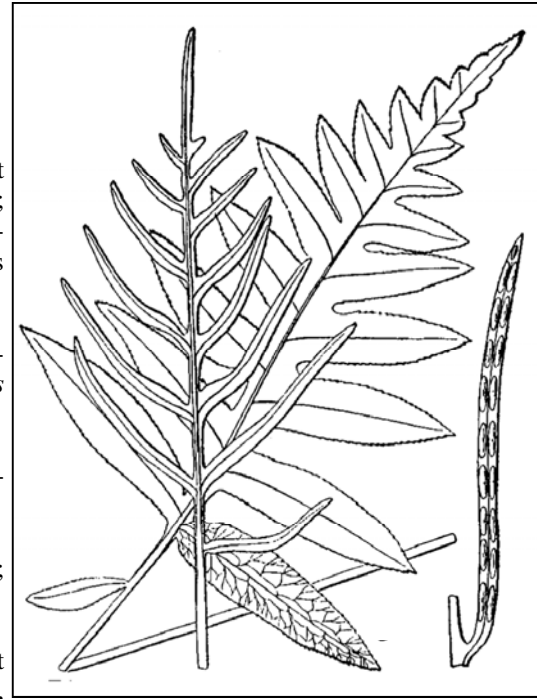
**Petiole:** Generally longer than blade; dark reddish-brown at base, yellowish-green above; with scales; flattened and slightly grooved

**Fertile Leaf:** Arising in summer, usually taller than sterile leaves; lowest pairs stemmed, creating leaflets, upper pairs winged; segments are distinctly narrower; petiole and rachis dark purplish-brown

**Sori:** Oblong; found along costae of leaflets, in two parallel, chain-linked rows; *indusia membranous, entirely covering sori*; *indusia disintegrates over time, rather than opening as with most ferns*

**Rootstock:** Long creeping and forking; dark brown to black

**Human Uses:** Unknown



Woodwardia: named for Thomas J. Woodward, an English Botanist (1745-1820)

Areolata: (Latin) *areolatus*—a small place; referring to the area of leaflets enclosed within the netted veins

**Native:** Yes  
**Evergreen:** No



- A. Fertile leaf (on left) and sterile leaf (on right)
- B. Sterile segments with netted venation and finely serrated margin
- C. Fertile leaf showing membranous indusia



Amy Richard





## Virginia Chain Fern

*Woodwardia virginica*

**Habitat:** *Water-loving*, with roots usually in standing waters of shaded to sunny acidic swamps, bogs, and saturated areas of forests; *OBL*, occurring always in wetlands (>99% of the time)

**Population Status:** Common; reported throughout NY and NE, especially along the coastal plain; *listed as threatened in VT*

**I.D. notes:** Pinnate-pinnatifid; semi taper; monomorphic; can resemble *Osmunda cinnamomea*

**Leaf:** Dark green, turning deep brownish-red in autumn; leathery, coarse texture; can become quite tall—up to 4' +/-

**Leaflets:** *Lowest pair widest at middle, tapering toward rachis and leaflet tip*; point upward; *chain-like, netted venation along costae, otherwise veins forked*; sometimes with yellowish glands; lobes point slightly forward; upper costae raised and grooved

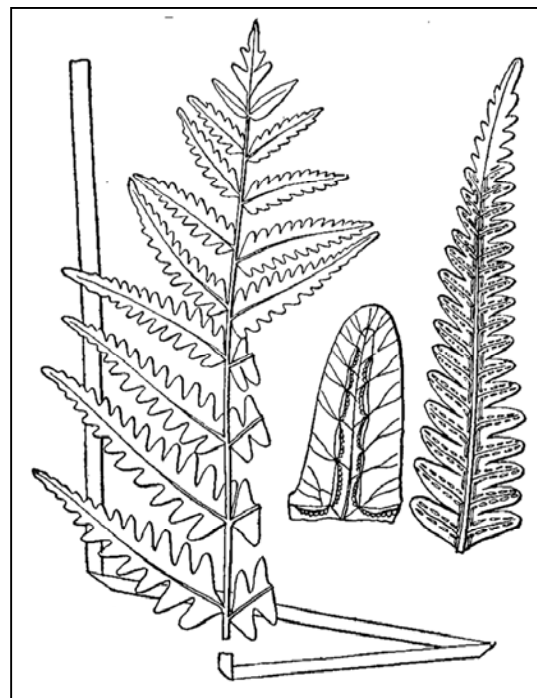
**Rachis:** Dark purple-brown turning green above; smooth and shiny, with *slightly raised ridges at base of costae*; grooved

**Petiole:** Dark, shiny purple-brown; *distinctly swollen base*; deeply grooved; twice or more the length of the blade; scales dark tan to brown

**Rootstock:** Long creeping; dark brown to black; thick, with few brownish scales

**Sori:** Dark brown; *forming chain-like pattern*, in parallel rows along costae and midveins; takes up majority of the underside; indusia dark brown

**Human Uses:** Unknown



Woodwardia: named for Thomas J. Woodward, an English Botanist (1745-1820)

Virginica: (Latin) of Virginia; referring to the collection source of the specimens

**Native:** Yes  
**Evergreen:** No



- A. Leaflet with netted venation
- B. Fertile leaflet with sori
- C. Whole plant in boggy habitat



Janet Novak

## Glossary

ANTHERIDIUM (pl. IA): The male reproductive structure of fern gametophytes.

APOGAMY: Form of asexual reproduction in which a new sporophyte grows directly from the tissue of the gametophyte, rather than from a fertilized egg cell.

AREOLA (pl. EA, AS): A small, well defined area bounded by the netted veins of some leaflets (see *Woodwardia* species, pgs. 134-136).

ARCHEGONIUM (pl. IA): The female reproductive structure of fern gametophytes.

AXIL: The point of the upper angle formed between the axis of a stem and the leaflet arising from it.

AXIS (pl. ES): The longitudinal, central supporting structure from which parts of a plant are borne.

BIPINNATE: A leaf with leaflets divided into leafules—twice pinnate

BIPINNATE-PINNATIFID: A leaf with leafules deeply lobed, but not further divided into leafulets.

BLADE: The broad part of a leaf

BRISTLE TIPS: A short hair or hair-like structure emanating from the tip of leafules.

BULBLET: A small bulb, created asexually and borne above the ground (see *Cystopteris bulbifera* on pg. 58).

CALCAREOUS: Referring to bedrock or soil high in the mineral calcium (lime).

COSTA (pl. AE): The midvein of a leaflet.

**CREEPING:** Growing along the surface of the ground or just beneath the surface, and producing roots, usually at the nodes.

**DECIDUOUS:** A fern that dies back or falls off at the end of the growing season—not evergreen.

**DIMORPHIC:** A fern with two forms—sterile and fertile leaves being different forms.

**ECO-INDICATOR:** A fern used to identify a specific environment (i.e. an acidic wetland).

**ENTIRE:** With a continuous margin—not toothed, notched or divided.

**EPIPETRIC:** Growing on rocks.

**EVERGREEN:** A fern that remains green throughout the winter.

**FERTILE:** Capable of sexual reproduction.

**FIDDLEHEAD** (syn. **CROZIER**): The unfurling young leaf; refers to the curled end of a fiddle/violin.

**LEAF:** An expanded photosynthetic organ of a plant—the entire above ground fern plant, including the petiole, blade, and rachis.

**GAMETOPHYTE:** The haploid, gamete producing generation of the plant reproductive cycle.

**GLANDULAR:** Of or pertaining to a gland; bearing glands.

**HABITAT:** The physical environment in which an organism lives.

**HAIR:** A thin projection, only one cell thick, growing out of the epidermis of various plant structures—not as stiff or stout as a bristle or spine.

**INDUSIUM** (pl. **IA**): A thin epidermal outgrowth (flap of tissue) that covers and protects the sorus.

**LIMEY:** Containing high concentrations of limestone—referring to bedrock or soils.



LOBE: A rounded division projecting from the margin of a blade, leaflet or leafule.

MARGIN: The edge, as in the edge of a leaflet or leafule.

MESIC: Moderately moist habitat.

MIDVEIN: The central vein or axis of a leaf, leaflet, or leafule.

MONOMORPHIC: A fern with one form—sterile and fertile leaves being of the same form.

MORPHOLOGY: The study of form.

NETTED VEINS: Veins that form complex networks—not extending freely or forked.

PETIOLE: The stalked portion of the leaf arising from the rootstock that ends at the point where the blade is produced.

LEAFLET (pl. AE): The primary segment of a blade that is fully divided to the rachis.

PINNATE: A leaf fully divided into stemmed leaflets.

PINNATE-PINNATIFID: The leaflets are deeply lobed, but not fully divided into leafules.

PINNATIFID: Blade is deeply cut toward rachis creating primary segments that are not stemmed to the rachis.

LEAFULE: The primary segment of a leaflet that is fully divided and stemmed to the costa.

LEAFULET: The primary segment of a leafule that is fully divided and stemmed to the midvein of the leafule.

PROSTRATE: Lying flat on the ground.

PTERIDOLOGIST: One who studies ferns.

PTERIDOPHYTE: Vascular plants that reproduce via spores, including ferns and related plants such as club mosses and horsetails.

RACHIS: The main axis of the blade.

ROOTSTOCK (syn. RHIZOME): A horizontal underground stem.

SCALE: A tiny, flat, papery, thin, dry, membranous structure.

SEEPAGE: A spot where water trickles from the ground to form a pool.

SERRATE: Saw-like; toothed along the margin.

SIMPLE: Undivided—not divided into leaflets or leafules; veins not forked.

SORUS (pl. I): A cluster of sporangia.

SPORANGIUM (pl. IA): A spore bearing case or sac.

SPORE: A reproductive cell resulting from meiotic cell division in a sporangium, which gives rise to the gametophyte.

SPOROPHYTE: The diploid, spore producing generation of the plant reproductive cycle.

STERILE: Infertile; without sporangia.

TALUS: Rock debris deposited by erosion, usually found at the base of a cliff.

TOOTHED: Toothed along the margin—without a continuous margin.

TRIPINNATE: A leaf with leaflets divided into leafules, which are then divided into leafulets—thrice pinnate.

VASCULAR BUNDLE: A cluster or group of vascular tissues.

VEIN: A vascular bundle, usually visible externally.

WINGED: Possessing a thin, flat tissue bordering or extending from a structure (see *Phegopteris* species pgs. 104-106).

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**Ebony Spleenwort:**

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## Appendix A

### Excluded Taxa

*Adiantum aleuticum*  
Western Maidenhair Fern

*Adiantum viridimontanum*  
Green Mountain Maidenhair Fern

*Asplenium bradleyi*  
Bradley's Spleenwort

*Asplenium ebenoides*  
Scott's Spleenwort

*Cystopteris laurentiana*  
Laurentian Bulblet Fern

*Cystopteris tenuis*  
Mackay's Fragile Fern

*Dryopteris celsa*  
Log Fern

*Gymnocarpium jessoense*  
Asian Oak fern

*Pellaea glabella*  
Smooth Cliff Brake

*Polystichum lonchitis*  
Northern Holly Fern